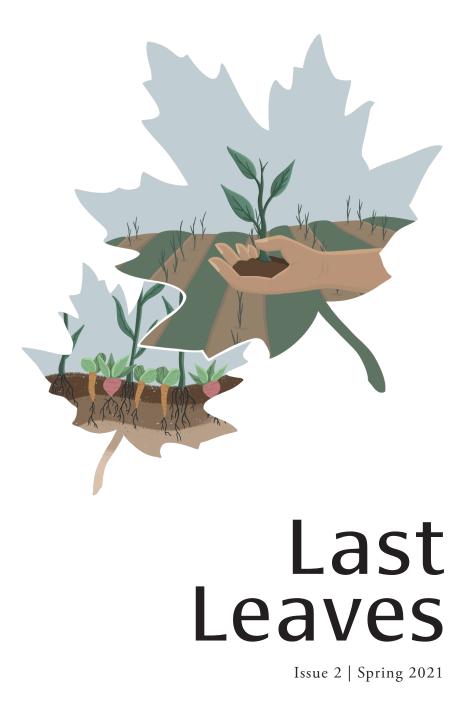


Last Leaves

Issue 2 | Spring 2021



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Edited and compiled by Cailey Thiessen, Kiera Baron, and Maina Chen Cover design by Kiera Baron

Note from the Editors

This issue was heartbreaking, to say the least. We knew the theme RAW would garner all kinds of submissions, from emotions to food to the nitty gritty parts of life. We want to thank everyone who submitted for opening their hearts and souls to us. Writing work under a theme like this can be extremely vulnerable, bringing up some of the worst and best points in our lives. As we read through each piece we received, we felt we grew a little bit closer to all of you. Working on this issue has been such an honor, and we're so excited for what's yet to come.

~Last Leaves Editors Kiera S. Baron, Maina Chen, & Cailey Johanna Thiessen



Content Warning

Some poems in this book contain content that may be sensitive to some readers. Each of these poems will be marked with the above symbol next so you'll be able to tell which ones have potentially triggering content. Please read at your own discretion.

At *Last Leaves*, we understand how reading sensitive content can not only affect our daily lives but our mentality and overall state-of-being. Please take care of yourselves, and take breaks reading the content if you need.

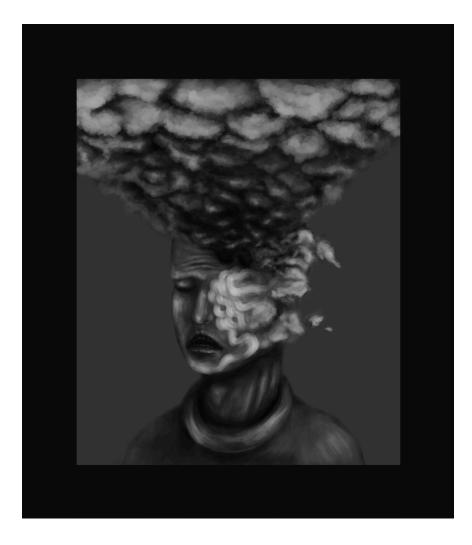
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RAW Andrew Feng

A Madness

Ann E. Michael

This is how it starts, while weeding out lemon-sorrel and crabgrass, pulling up thistle, inadvertently uncovering bones. Disarranged: the fragile state in which Mother left, her body still wrapped around a bottle at the kitchen table. Now, she is the bones of a baby rabbit half-buried beneath geranium, she is fallen seed, sleeplessness, a dry leaf. I push my finger through richly organic soil, think of all that dies enhancing tilth, nutrient-I nudge the empty rib cage, small shell of remembered running, the endless need to flee. Mother could not escape, either.

burnt bush

c. a. mackenzie

your chest was pierced in heaped ash / where ribbed flakes of burnt metal wreathe into dark indigo frills / as if scrapping brightly-painted cars meshed / some rare species of wild bramble / my dark-stained mouth closed around your breast / & smells of zinc / rusted pipes / stuck on our skins like children bathed in well-water / black blood striped down from three thorns lodged in your flesh / like chemically glossed pieces of raven beak / claw / you prayed dear god i will not feel hurt / i do not feel hurt / as a thin film of copper burned over our blue irises / &camp; crowned daytime with a flush of brightness / skulls seated firm on the atlas / axis / stacked under a cosmos that shines / blind / like a newly-minted coin / you rubbed warmth into these cold hands smeared orange plasma / breathe with me / you said / breathe in deeply / this air rich with tar / hot berries.

The Door is Open Steve Bowman

I see ghosts everywhere Little lights Little flickers closing in because the one I need reconciliation with won't forgive me no matter how sorry I am

The years ahead are a giant skeletal grin, and the years behind are the esophagus I'm swallowed down devoured by guilt that can't be forgotten until it's forgiven There's no digestion and no expulsion because skeletons don't really eat they just sit in sunlit closets quietly waiting, smiling nodding off with boredom.

Bones KB Baltz

I have moved all the skeletons in my closet to the garden where they can weather the seasons in the open. There is no shame in a frost covered rib cage naked to the elements no longer wrapped in mothballs and tweed trying to pretend that they are anything but bones.

WHEN I SPEAK OF THE FEAR Ellen Huang

I mean that the days are tempest and dust storm, desert sand slipping through my hands then drowning me beneath.

> I mean that the second we run out of things to say, either of us disappear into the spaces of time.

I mean that I scare, I confuse, I collapse into a vortex silently I mean memory cleansing of when I trusted you with fairy name. I mean the tendency to morph into others, that when I'm not looking in the mirror, I'll have sleepwalked into another's skin that when you see me, you see a stolen face.

I mean the curse of	words upon v	vords upon words, poison
that keep m	e from	
seeing	you,	reaching back through the mist.

I mean the fear that when the sand runs out and I finally put a hand out it will all dis solve before me, skull and ribcage to d u s t.

Piece Parts Paul Ilechko

You cut his tongue out with a knife removed his lungs that wheezy bagpipe sliced his spleen and split his liver and all of this for love

his eyeballs made a perfect set polished and shelved for future reference they matched so well with cartilage hacks of former ears

so many pieces incognito in their myriad shapes these chopped up chunks of flesh with broken bones protruding like erections

and so to his experiencecarefully takenand all intactjarred and mounted ina safe locationnever to rot or fadenever to be of use to anyone again.

dead mermaid

c. a. mackenzie

1. they charred your fleshy thighs with blackened lips / pressed hard like iron into memories blindingly white / clumped sugar / batting the outside of a thin leaded window / liquified

2. you lie among crushed vanilla leaves / as blood pours out from somewhere / or nowhere / but crimson fluid fills the cracks in tree bark / as you finger a trail of ladybugs / skulls blotted ink

3. silver hair coiling forth from hills of ash / looped into the form of empty roses / such a wild garden of shimmering things ravaged your little body / coated in a film of pine needles / snapped

4. the milky way spinning fast in cobalt air / you follow a single star / thorny as the bush beneath which your body / lay crumpled / like a kitten mewing for someone / or no one

5. their faces crystallize into that which is not a face / which is made of luminous grains of mineral / molded into a human which cannot die / floating beside you whispering / snide remarks

6. you cannot sleep bathed in sweat / gritty salt streaked like watercolors down pale flesh / the words golden apples come to mind / golden apples / golden apples / rotting inside your stomach

7. they tell a story about a dead mermaid tail / prismatic scales shed onto steel boulders / encased in a large glass jar / waves lapping / she was tied to wet wooden boards / ears sealed with wax

Caution Antoni Ooto

All bones taken, all blood taken, all breath taken, this, a ceremony of conclusion.

As the body gathers, traces held together one last time.

The old ones still remember how once she taught them a way to live and breathe quietly in the night air.



Cone Michael Moreth

MAY—LOVE Robert Beveridge

A skull bobs under the bridge where I first kissed you flowers grow from one eye socket

the trees are green after the last flood but now the rivers have receded and once again we can sit under the bridge and talk, kiss touch without fear of discovery by anyone except the skull with flowers for eyes

your highest of loves is mortal Ellen Huang

I think, indignantly. Your everlasting love is an overwhelming cacophony. Your promise is a ring you kneel on the ground for once, and never again, as skin grows around it and bones click and flesh sticks.

Your greatest of loves, your "more than friends," your torture, your ever after, your death of a bachelor, is all mortal. Your wild abandon to say no one else may

receive a touch of your time, except the missing piece, the hot other half of your soul—is romantic rot and mold. You've made ghost stories of us now, foolish mortal.

Your exclamations that this is the meaning of life has left me a corpse, and shut out all else of the gospel, despite a love that so loved the world that they made all things possible.

Your insistence on something most beautiful, it's all an end-all, and leaves everything else we have in the cold. Your deepest of loves is blind and brainwashed and a disappearing act, a wormhole.

But perhaps someday I'll understand. And be just as hopeless, just as hopeful.

The Winter Solstice Beulah Vega

It's Solstice again. Another year another morning awakened by Aurora but still unable to see

you. Tonight the bonfires will be lit in fields ravaged by fire, flood, sorrow and all other synonyms for

humanity. Tonight the fingers of frost will penetrate my window and tickle my soul with the burning ice of your

memory. Tonight I know you will sit alone shivering, your home like the Earth's womb in this season, barren and waiting. You will wait for a poisoned princess to morph into compassion. You will wait for an empty heart to fill itself with dreams, with

care. You will wait for her to become everything I have been for you. Tonight, when the moon seems to stall in the winter sky, you and I will sit

shivering. Alone-together waiting for a dawning light. waiting for the warmth of Spring waiting for each other.

Arbeit Macht Frie

Carolyn Adams

Gray city, gray city, I won't visit you or your sinuous lie at the gates.

It is said that to fathom an intricate thing is to stand within and look closely. But I won't come near.

Gray city, you're filthy with piles of shoes still bearing the print of their hosts. Ivory-abandoned gold. Ash manuscripts long dispersed into hollow elegies no one reads.

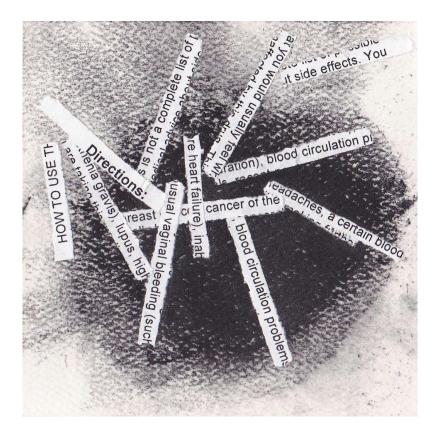
Despair hangs its rags in the night barracks. Terrors cascade the beds.

Outside the fences, crows browse a field caught in the teeth of winter. So many dead nights, so many naked days. So many bones in the snow.

The Saints Gave Me Permission to Cry

Nancy K. Dobson

It snowed in Paris today, and though I'm home in California, my bones ache for the narrow steps, the statues of saints, and a café crema in the corner bistro featuring Fabien's Tuesday magic show. Obsessed with visiting every church in the city, I pushed open the heavy carved doors of Saint Augustin, felt its old bones exhale, my shoes neatly clicking on its stone floor. Something familiar crept in. I've been here before, my skin said. *Silly,* my head whispered back, but it spooked me all the same. A shadow in my throat, I studied Mary's face in a mural as she dutifully wept at Jesus' feet. Resting in a narrow wooden chair near the back, I ate chunks of bread from the patisserie with the blue window, inhaled the thousand years' recipe, and brushed crumbs from my scarf, though I had no one to impress. Candles wavered and the doors lamented as another sufferer entered behind me. I wanted to stay, cradled in anonymity, but as I looked from statue to statue, the walnut chair creaked beneath me. Go, the saints chided, there's a bar on the next corner. Drink the wine. You will join us soon enough.



How to Use Carolyn Adams

Wine and Dark Chocolate Courtney Weaver

I want to be tequila. But maybe I'm actually wine and dark chocolate. I want to be exciting But I'm tired and quiet and lonely. Would anyone be excited by me?

I want to be someone's shot of whiskey But maybe I'm a little too tame for that. In my mind, I'm free and wild. But I take pills to be normal and I cry when I'm sad.

I want to be someone's famous cocktail. But what is there about me to show off? I don't know how to dress Or how to act or how to flirt But I know how to be someone's rock.



Death and Dining Leslee Jepson

we sit in the dining area between the kitchen and and living room I take my mother's place uncomfortable with the promotion

my father pours the wine baked russets slathered with butter crisp salad anointed with balsamic vinaigrette complements the perfectly grilled steak

twenty feet away my mother pleads from the hospital bed "Help me, someone help me"

we dine as she is dying I cannot swallow I can barely breathe unable to help, I step out into the January night



One less bite, then a few more, Soon I'll be all gone, for sure, How little it takes to disappear, My discipline praiseworthy, Oh, yes, I'm almost gone,

"You've lost so much weight, You look beautiful now,"

I'm starving-

A trinket, a box, a broken toy, Ribbons, ribbons, in my hair, Words like knives that slice the air,

"You should lose some weight, Little girl, you have such a pretty face,"

I'm starving-

Rattle your bones, So we can see how empty you are, Beneath your flesh there is no more, Your soul shaken out between Your protruding rib cage,

I'm starving-

Skin turning blue, Hair grows no more, I can only bleed in my mind—

What is beauty anyway?

Devour

Kelli Lage

When you're ripped to shreds / don't blame me for the sins of the wolves / all I have is my walking stick / when I cut my leg and blood trickles down / I picture a warm bath / for the thorns in these woods are thick / I hear some are still tangled in them / Tuesday will you be able to pick up my call? / she gets her nails painted pale pink / each Monday / to match her rotary phone / I think she lives and dies / in telephone wires / all I'd find would be a heavy dial tone / coffee cake for breakfast / bitter tongue / still, I devour

LEAD WOLF John Grey

In hunger the mind fogs with red-raw visions of skin unfolding like rose petals, of blood and flesh spilling like uncorked wine

The lead wolf lopes ahead of his brood to the upper reaches of the river, leaping stones, snapping at the air

as if each breath is a failed kill. The others follow, single file, ears back, heads low, propelled by their own starved sniffing,

In a distant deer herd, seas of content suddenly stir. Surfaces of feeding ripple warily. Death lumps in cervine throats.

From a shore of brush and grass, a wolf pack flutters like brown and furry canvas, sets sail for the islands of meat.

WOUNDED DEER

John Grey

Despite the struggle, she deftly tight-rope walks the staggered boundary of life and death. She is both these states within herself: futile viscera jar against those still functioning, heart feeds the head with arcs of light and periodic waves of darkness. All around her, the same contradiction: trees arrayed in falling leaves, owl atop its mouse pellet heap, dead blossoms at the tip of thriving plants, a wolf prodding the last of a squirrel carcass. A loud frenzy to be rakes against a raw and shrieking longing for the end. Ultimately, she finds, in death's motion, life's stillness.



The shot was clean, right through the eye, the officer said, grabbing the fawn's hind legs,

and gesturing like an Olympic disc thrower, he picked it up, and turning, flung it

into the woods' overgrown weeds. Its body still twitching, I watched

from afar the undignified tossing of a life, ended randomly, by a passerby's car.

Its spotted coat sputtered and quivered in the scrubbed sun's light.

I cannot imagine anything worsecradling my own child's bloody head.

I trusted you, his eyes would say.

Usually, the deer come out at dusk. I should have seen it coming. Its mother,

not me, should have stroked its head, should have been there, should have

taught her child to leap higher, should have known how to divine the crossing over.

Awakening Antoni Ooto

Innocence has returned.

So, he pays attention. He's grown closer to insects; speaks dragonfly

hesitates for birds honors paths of deer such is the etiquette of creatures.

They watch, thinking him curious, but are willing to accommodate.

Less often but still,

memories of a nightmare coming; hooves of two white horses thundering the emptied streets of sleep, and again, he slips, falls beneath.

Wait, no, not hooves,

the sting of step-father's strap, welting his back. And after,

awake shaking, staring out at night where all shape-shifters wait,

until...

cowering back into sleep at the crossroads again, he watches for two white horses.

A Murder of Crows Nupur Maskara

Crow thoughts pluck my eyes Whenever I try to sleep Caw caw caw caw caw

INSOMNIAC NIGHTMARE W Roger Carlisle

My eyes fly wide open in disbelief, all engines are running full speed ahead, the switch has flipped, all the lights in my head have been lit at once, whole engines come to life, messages fly, dendrites spark, synapses whip electricity across my brain; my brain itself feels like some phosphorescent free-floating jellyfish of the deep, luminescent, glowing, awake.

As I lie in the dark, I wonder if it is still early enough to take a sleeping pill. A full panic descends as I listen to my galloping pulse, begin to list meetings and the fifty tasks I must do tomorrow. A biological algorithm bulls through my mental files searching out broken bits of code, lost ideas, broken shards of mental activity as it desperately tries to integrate my broken life.

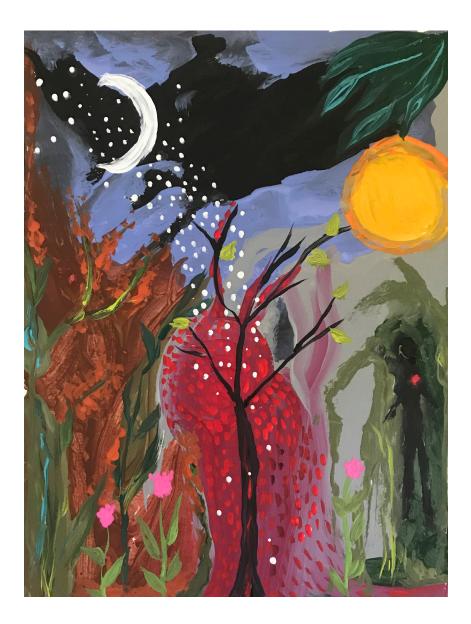
After pounding the pillow and failing to sink into the mattress, I try to hypnotize myself by repeating: "I am getting heavy, heavy, heavy, heavy." The clock says 2:00 AM. I run into the bathroom and begin calculating my dosage of Ambien. The risk of becoming a morning zombie is worth escaping the terror of the night. Groping back to bed after a pee I part thick curtains, and am startled by a distant, preposterous and separate—moon a white metallic circle of light, piercing the saturated darkness of the sky which awakens memories of the dead.

I am startled by furniture in the old house glowing in the moonlight like it had been washed with lyme, as I inventory every stupid decision I've ever made, begin planning hiding places where I can take naps at work, develop hallucinations of monsters at the window, delusions of being Santa Clause, imagine I'm hearing the ghosts of Christmas past.

I hide under the covers listening for the rattle of chains.

With a Pinch of Salt Lorelei Bacht

This poem commenced as a long, Inarticulate scream, The night when I discovered that My husband was cheating. No word was a boat large enough To take my grief to sea. There was no star, no route, no map, To navigate the gale; No food for months, no confidante -Saltwater and dead fish. I did manage to make it back, Mouth full of sand and spit, My head still heavy with bad dreams From the threatening deep



Untitled Cathy Leavitt

Calculus of Failure Paul Ilechko

His festering mouth like a nest of swarm a source of stink a field of pain mapped by calculus wrapped in shadows he must be caressed * * * * * * * shielded from the harshness of family from reflected a melting world of failure in the mirror of relationship his child crawling broken and limbless across the nightmare of his awakening the warping of his existence from one space to another * * * * * * * a collapsing floor of open windows and wind-blasted color fields where every promise is rooted in duplicity where every room has reverted into unwalled nothingness a bastion of blood and fear and the stillness demanding the decision of breaking glass that he is too afraid to make

* * * * * * *

as miles away the violence is splitting apart into streams of time into sonic blocks that shape the borders of his empty life that tear apart his fortitude

his payment owed but never sent as compensation for a grubby widowing

* * * * * * *

and then

a recycled immersion

a rebirth into frames and joisting into ascending staircases that lead again

to the burning of his slight epiphany that drifted away as smoke as messaging as termination.

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RETURNING

Gary Sokolow

Nights at rope's end, obsessing self inside of self, brutal

interior landscape from which I thought I had been freed

to write of the blue eyes of a young girl, the broken hand of a

homeless man, the baby rolling over on her little stomach, instead

at the crossing of nameless roads, a child's nightmare of a scarecrow's stare,

the four locks on a door and the hall walls a shadowy cave, as the woman

in the next room laments the bottomless black hole of my egoless-ness,

ponders my journey from life to oblivion to life, to sit on a seat on a bus

on an afternoon jostled in the normalcy of the everyday, the old woman

sliding her card into the slot, a record of a journey from here to there and out.



The Massage therapist Jan Ball

pulls gently on her neck like lifting a vase on a pottery wheel,

that drunken night

she, as adolescent-intercede in family arguments, father's tapered fingers this time like a tentacle wrapped around her neck then press choke

mother and sister inert with fear, stuck in an aquarium castle in underwater fairyland

> she doesn't remember she won't remember

but now her neck is a magic wand, can change mice into footmen, pumpkins into a carriage.

Sunoco Gas Natalli Amato

I'm twenty-three but I forgot my I.D., so I wait out in the parking lot while Connor checks out with the beer like I'm sixteen again. Was I ever sixteen?

No. I wired money to China just to time travel in the eyes of the cashier at Mercer's gas station.

Across the street there's a sign for the hotel in which my sisters were conceived years before my father was my father, back when he was just the bartender and if he left it was called a cigarette break and there was nothing then that could define the location of his will as absent when measured in relation to that a mother's.

The sky was somewhere close to me before I started looking.

Thinking about Connor while I sit in Brooklyn Heights Natalli Amato

I took my longing out for a drink on Henry Street. I ordered a gin and tonic at a wine bar sucking it down through that obstacle of a straw until it was just glass and ice. When the girl behind the bar looked away I reached inside the glass with my fingers, shoveling cubes into my mouth. I had brought a notebook with me but never wrote a thing down. Just chewed, chewed, chewed.



out

odd out Alan Bern

odd

Unclothed Rachel Landrum Crumble

This is what it's like to crawl, wet and gangly, out of a cocoon not like finally peling out of too-tight jeans, but like scraping the very skin raw, chapped and burning in winter wind numb and tingling, so that cold alone could coax warmth back in, preventing frost's deadening bite.

Where are my old familiar clothes why now are they denied me? What cruel joke is this that I am thus exposed? Change comes in hiccups, no spoon of sugar can stop or sweeten.

A hopeful convalescent, I wrap myself in poetry, sip hot milky tea, try to equilibrate.

All day I have been quieted by the hush and stutter of wings.

Lark ~ Christina A. Kemp

Purple flowers are growing through my back door between the cracks of what should close.

I slipped and fell downward on the slope tailbone cracked but continued anyway, needing to see what was further below. Stupid of me, I only had that small piece of toast for breakfast perspiring, fuzzy, continue the descent, I thought Then I landed. I needed this dark day fog settling, in the morning damp, gray the rain misting and then clumping down fat upon my cheek. I couldn't breathe before with so much light in the air. Now I am settled again mossy and grounded and free Encumbered by the surrounding woods, looking up at those leaves dancing branches in the sky pitter pats of what is sobbing from otherworlds above. I hadn't written poetry for a time Why was this? Books pages are consuming. I killed the battery of my melodies of music Oh well, mud squishing, running between my fingers instead, And now those dead leaves cling upon the black knee of my pants. Snake tails slithering through the grass --Twins. I named them once, I think ...

I feel safe wandering here, in being, lostness in the mystical What a change that is from hypervigilanced requirements demands, fatiguing from before. A woodpecker nails at that tree from above.

This dark still pond, black beneath hanging branches that tickle and descend at the waters edge. Nothing moves. Down I am immersed into the wet gravity pulling beneath the unconscious undertows, taking me nearer to the beginning of what was supposed to be. Primordial eyes looking back at me– You are down here, too. The water osmosing in and out of my open mouth,

And somewhere, a lark sang above.

I Can't be Bothered Writing This Poem Kate Maxwell

Grey gristle-coloured days where sit-coms sway their banal fantasies before our faces or YouTube struts its clowning dance tumbling, pouting for our dull pleasure all with impossibly long legs tight skin, white teeth, and all of it wrapped in the latest brands, the latest catch phrase, and all available to pause

so we can refill our glass, pop more pop-up treats, and seep like warm syrup, flattening our saggy arses into couch-cushion shapes.

Fold upon fold, flesh rippled over flesh, we watch our sucked in selves squeeze into beige shapewear before the bedroom mirror and thank the Gods that we can't see each other's gurgling insides all the rancid lusting smallness of our soft and sad internals.

So, on this gristle-coloured day I spit out smiles for check-out chicks who dutifully drone, Have a nice day and by the way, I couldn't give a rats'. And later, I'll prattle on the lounge fashion-fed philosophies at you, at me in front of the TV. But no one's listening. Not even me. So, I'll throw my fork dripping with gravy at the pink curve of your ear while the television roars. *What did you say? Forget it.*

Blocked Sam Houty

The poet's head leans into my chest seductive and slow, picking at my skin It feels euphoric at first, feeding his hunger being eaten alive, a strange allure my flesh wounds and the darkening sky He's a faraway bird circling, sharp dive slurping me in verses and allegories words that were mine flow into ink clots After there's nothing left of me to ravage my body exploited until skeletal I'm tossed aside, nothing left to say A carcass on this cracked terrain

Night Poems

Glenn Ingersoll

I walk the wrinkled corridor between dreams. Like trophy heads in a hunter's jungle bungalow lamps jut out, their glass all glare.

she rides a horse wakes with car keys in her hand

Surely these clothes are blankets. The shelter I offered silence: my mouth What won't wake: my hair. Toward something they saw closed, my eyes turn.

Lights lost in among handles.

The window is open, standing somewhere, open to a door.

illiterate ills Ellen Huang

without rest, life's fences loom taller barbed wire stretch tighter formulas surround, patterns abound, dirt and metal and magnified sound random words rambling with emphasis chaotic syllables put in rhyme or original weirder and weirder images just please make sense! in a world so pounding my mind lagging, frustrated, groaning.

but with rest, poetry is all the world. that act of trust-falling asleep that submission to warmth of coddled blankets that vulnerable peace, a peace of mind with death practice opening to dreams instead poetry is all the world, the language of the essential red ribbons that tie the earth together, ligaments of fate spiderwebs of truth poetry is lifeblood and food and drink poetry is why we wake.

Self-Promotion Kendra Nuttall

There are days the poems crawl in like long-awaited desert rain. The saguaro opens its cracked lips, only for the sun to push away the clouds and bake the mud. Sometimes I feel like salt, little glitter crystals sticking to your side. Every word from my mouth is another bee dying. Every page written is another tree falling. I don't want to bother you, I'll give you my words for free. *Bless me with a storm.*

Unwritten

Gurupreet K. Khalsa

Thought conservation, saving the spools of wound permutation tightly packed on stacked racks; waiting in multiple colors, waiting as untamed others, waiting in grays and blacks.

> Like so many crawling things twisting into rings, left alone they creep, waiting to be wrestled, looped, waiting to be another, waiting to be deep.

Attempted aligning, resisting or leavingrolling together in tangles, knots. waiting for weaving, waiting for poetry waiting for what is not.

Repeating Lost Vowels by RpVerlaine, G.M.Rose & Joseph M. Gelosi (Written in poetry workshop at a bar.)

The slack of the hangman's noose escapes me like compassion love and life framed in each memory you insisted defined us.

I seek a token blessing of veritas...a fragment of everything neither false nor real but an acceptance teaching me nothing but how to say your name again until wordlessly remaining a scream nights... I keep saying can't get any darker.



Ring Ellen Mary Hayes



Abandoned Frabice Poussin



Furies Meghan Sterling

Last night, a deep soaking rain, battering the windows and roof the way I'd like to smash everything today. Ruckus and racket, an explosion of feathers. Mid-month, and there's bills to pay, no money to pay them. Again. I handled this truth by attacking a boho pillow with my hands, wringing its textured neck, slamming it again and again on the bed until I was numb. As long as I don't hurt a person or ruin everyone with cruel words, I feel like I'm one generation improved. As long as my daughter doesn't see. As long as I don't mark my body when I tear at myself in overwhelm. How am I here? My mother was here, 30 years before. Pulling chunks of hair out of her head in the hallway, whipping at me with the metal blinds. There was learning there, but I missed it. I'm still carrying the weight of the family's dwindling bank account under my fingernails like grave-dirt, tangled up like the vacuum roller, thick with hair. There's no undoing itjust cut. And cut. Until the blood comes. Until there's relief. And I see my face growing old with worry-lines along my mouth deeper from furrowing, fingers smeared with ink as I tally again and again, coming up short. I swore I would choose different, be different, and here I am. Even the wrinkles are the same. Even the hideous rage. The furies visited me in my dreams last night, hovering with their terrible wings, asking me again and again, Did you think you could escape us?



When I told my therapist my life was better off in pieces of ash,

he marched me out to my Dad's car with strict instructions to go to emergency immediately.

I fumed like the exhaust of the tailpipe on my grandpa's car, before he died an honorable death.

I cavalierly texted a few friends about the attempt.

It was not for attention. I had the perfect opportunity the night before.

Smothered in love by parents who were always home, there was no good time. Deemed unsafe in my own hands, I spent the night in the fluorescent dark.

When I used the washroom, I found the toilet was metal.

I kicked it so hard with my blue Converse low tops.

It was indestructible and steady as a rock. I couldn't even be trusted to use

a normal toilet. Sometimes it's easier to shut up about these things.

That's not what 1-800-SUICIDE told me.

Journey's end Sam Houty

Malala Yousafzai

I wonder if she ever imagined facing it the gun pointed at her head, the end-all of her activism, laying limp on gravelly sand. It is the worst outcome – death caught in our throats, blood spilled voice box silenced against the echo of gunshots ringing. I think of that the consequences of speaking out the inevitability of it and fears plague me like the hot sand beneath her head force of a bullet pushed into her skull yet I am wailing in my heart, enraged willing us both to stand up and fight.

Down

Chris Jones

I feel pressed by a persistent winter wind, my reluctance obliged to yield. It plucks all the bright green leaves from my supple branch, one by one, leaving only a skeletal twig. I feel dragged by a current that stops me from standing, tugging at my safety, altering my gravity. Blood thins, shrinks from my fingertips to a soaking heaviness in my heart, sinks to my stomach, and below. The periphery glazes, reducing to a crystallizing core of trapped distraction, tightly wrapped in a fatalistic shroud. It sits me down with leaden certainty as my day tilts, slips sideways, and slides away, leaving me raw in a cold fog, hoping for a lamp. Am I to welcome this dejection? To embrace it? How can I, when I have no warmth to even move?

A Conversation with my Therapist

Ivanka Fear

I think I'm sinking deeper, I told him. Mrhuh? What's wrong? I think I'm drowning, I said. Er??? What do you mean? I think I'm severely depressed, I explained. Meh.... You think too much. I seem to be lost, I told him. Plop.... Found you! Can I sit on you? I seem to have no one who cares, I said. Head butt.... I'm here for you. Want a snuggle? I seem to be lonely, I admitted. Mm...ow? Do you want my stuffie mouse? I feel like I've been battered beyond repair, I told him. Me...ow me...ow. I know how you feel. I feel like I've been suffering for too long, I said. A gentle smack.... Snap out of it, silly! I feel like I've been hurt too many times, I continued. Knead knead... You feel tense - need a massage? I'm so tired of it all, I told him. Purr purr.... *Just relax, will you?* I'm exhausted all the time, I said. Snore, snort.... A short nap will help. I'm sick of my life, I concluded. Yow yow yow! Snack time! You'll feel better with a full tummy. Then we sat in silence for a long time and observed. Redbreasted robins chirped merrily as brown squirrels scurried happily from one green branch to another. Yellow bees buzzed busily as orange butterflies flitted cheerily from one pink rose to another. Children laughed noisily as their black and white dog ran jumpily along the grey gravelled roadside. The warm sun shone brightly as the ruby-throated hummingbird zipped quickly from purple petunias to blue lobelia.

And the wise old boy said Blink, wink.... *Don't worry, be happy. It's all good.* And he offered up his belly for a rubdown as payment for his sage advice.

I think our daily sessions are helping. He really puts things in perspective, you know. There's a whole world outside our window and the thing is, it's all quite amazing... but it's the simple things in life that simplify life.

Gone Lorelei Bacht

Some mornings I wake up believing you alive, still. It takes a few minutes for the cruel remembrance to settle in:

No, my daughter will never know you. She will be you instead. She will carry the grudges that you left behind, better

than I ever could. I gave her your name. I asked her once: is this your first time being here, or have you lived before?

She looked perplexed, much older than her age of four. She thought on it, then asked: *What do you mean?*

I don't know what I mean, I said, let's Talk about it when you are a tiny bit Older. She said alright. She tracked

my retreat from the children's room, her eyes narrowed, a living question mark. Perhaps you have not recognized

yourself in her, yet. Or perhaps only some of you made it through the year elapsed in between your departure and her arrival.

I wonder where the rest of you has gone.

The Closet Charlene Stegman Moskal

I gave away parts of you today; some significant, others not,

some never claimed as your own, some familiar.

I could see you only as a fading snapshot wearing them, casual, no big deal.

They no longer had your scent on them; I checked.

My nose struggled to find you, buried itself in cotton, linen, raw silk.

Perhaps if your musk was on them, if I could recall the cologne,

the smell of your hair that brushed the collar, your sweat lingering in the folds under the armpits

I would have broken my silence, my lips that held back denials, my clenched teeth

that refused to release a keening of *NO's* would have burst forth wheeling above my head

dressed in a shroud of black crow feathers but today they were only pieces of cloth.

The fabric of you has left the closet and settled into the fabric of me.

Late Night Pancakes Valerie Frost

I miss not being able to keep secrets from you, because

you always knew what I was thinking before I said it, and

sometimes you would even finish my sentences for me out loud.

I miss when you would hold my hand and when you let

me kiss you in public, even though I knew you hated PDA, but

you let me do it anyway. I miss going to IHOP at 3 AM, because neither of us could sleep.

I miss when we first got married, and you used to leave your phone with me to use when you went to work.

I miss getting presents from you, like when you finally bought me my own phone and changed the password on

yours, along with the passwords to all your other logins. So

I started having to go to the ATM to check the debit card balance before I paid our bills. I guess it was a good thing I couldn't log in to see the bank statement

anymore, except it also comes in the mail, so that's how I knew you spent \$60 at IHOP

without me. Maybe you went with that girl you work with

that you text so much about secret work stuff that I

can't know about, so you turn the phone away from me when I walk by. Did you

ask if she wanted bacon strips or pork sausage, or did you just already know?



I love bacon. I order it every time I eat breakfast out refusing to tether its crispy succulence to those early morning bedroom visits.

You'd think the fry-smell that woke me then would repulse me now, the salty fat choke in my craw like the fear that jumped me when your calloused hands slid under my flannels while the others slept.

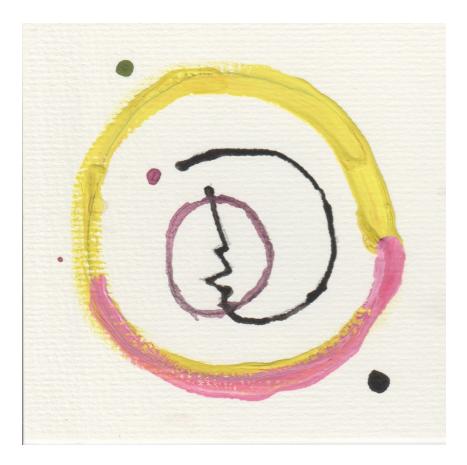
The back rub was melt-in-the-mouth pork crackling, until your heavy hands wandered like pigs rooting for slop around to my breast buds, under my waistband, down over my soft pink butt smooth as baby powder.

I carried my dark secret heavy in the belly like a pregnant sow, my child's need for your love trumped my no. My shame slung about me all day, clotted mud to hooved pig's feet.

Morning after morning this baffling, silent backrub-not-backrub packed streaky rashers around my waist, crammed my never-asked questions back down my throat.

Time to slaughter this pig. Skin it, gut it, hack it up ham hocks to smoke, the tender loin, the chops, finally, the bacon, the best part.

It's all mine, this thick square of prime belly meat lying under the ribs, right next to the heart.



Safe Ellen Mary Hayes

Guarded Charlene Stegman Moskal

To describe something that has been scraped with its surface exposed, left susceptible, a place that should have remained protected one says, *I've been rubbed raw*.

It could be a sore throat, a knee fallen on gravel, an elbow skidded along rough pavement when you have fallen off your bike or it could be a hollow somewhere inside you

where love or anger or fear or even hope once lived guarded and secured against the need to share. When that sacred place is no longer covered I imagine the deep pockets, sacs holding memories

are hung raw on meat hooks like sides of beef in a slaughter house to show vulnerable parts that were never meant to be naked, brought into the light, for anyone with a cleaver to see

to chop away at, refrigerate, put the private pieces somewhere they may be observed dry, cold, allowed to age as a film envelopes, tenderizes them and gives time a chance to heal all wounds.

Ounce Amanda Jane

The blood Drips From my knife.

> So raw So blue So fresh.

How do you like it cooked?

Rare, Medium, Cremated?

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A Bunch, A Lot, Abunchalot KB Baltz

In the end I suppose the end should have been more obvious because I never wrote a love poem about the touch of your hand or the curl of your hair or the special way you would never ever respond to all the memes I sent you.

I never wrote a poem about the way I said I love you the first time my hand shaking as it reached for yours while your eyes settled to mid-distance as though I had asked you about the first time you had seen a dead body which would not happen for a few more years and then you would accuse me of misappropriating your pain into another excuse to say I love you.

But back to the first time I said those words, after a passing moment you gave me a half-smile and said, "I like you. I like you a bunch, I like you a lot, I like you alot, I like you abunchalot, I like you so much I created a whole new word for how much I like you."

But I said I love you and you said it means the same thing and kept saying it until you slipped up mid-orgasm a few years later and were upset when I responded with "are you fucking kidding me" instead of an outpouring of oxytocin gratitude for finally granting me the crumbs of your assured affections.

You said that every time you say it the relationship ends and in the end, I suppose, the end should have been more obvious.

S&M, Anyone? Nupur Maskara

The Internet is a dominatrix Everywhere you click, it says Submit, submit, submit.

A Question of Telecommunications William Doreski

Strange voices infect my phone, conversations I can't enter. You claim this hotel is haunted, but the only ghost I believe in is mine. Every night the numbers of the rooms change. We entered room three-fifteen and today it has become three-eighty-five. You claim the ghosts have done it; but pulling the brads from brass numerals and nailing them up on different doors is the work of gnomes, the whole clan trained centuries ago as cobblers.

The academic conference lasts only one more day and then we must puzzle our flight home, a dogleg involving Atlanta. I can't use my cell phone, and even the hotel phone gibbers in tongues. In the lobby we confront the clerk and demand to know whose voices have addled both cell and land lines. The clerk endorses your theory of hauntings. A previous hotel burned a hundred years ago with many of the dead unclaimed, unidentified. These lost souls slipped into the telephones to cuddle in the warmth of talk. But that's a silly legend. Gnomes are little nodes of fact sporting pointed red or green caps, but ghosts are chimeras fading in daylight.

Still, we must confirm our flight, so I walk three blocks to employ the pay phone in a coffee shop. When I return you've vanished; and when I wield my cellphone I hear you whispering among the strange voices, your grasp of this unknown dimension confirming my faith in you.

God's Plan Robert Pegel

We are all on the same path. Some of us will get there sooner than others. Don't let your mind be troubled. You will be stuck in a mystery. For as long as your eyes can see, your heart beats, and until your last breath. Turn inward. Look for messages along the road. Don't curse your destiny. Even if it is foretold. Ask for strength. Pray for peace of mind. Love. Light. Divine energy. You are spirit after all. Dwell in being. Surrender your old ways of understanding. Put on the new. Even if it seems not to fit. You were born for a reason. Worry no more. God's armor will shield you, from the pain and suffering of this world.

Progressions

KB Baltz

I.

Thoughts circle on warm eddies swirling back and forth like crows spiraling down into the dark velvet ratholes of uneven boundaries always digging, biting, scratching at haphazard walls circling an unstable self.

II.

Thoughts circle drifting down to settle on cedar branches like starlings each bough bending beneath the weight but never breaking, only bowing before the wind.

III.

Thoughts circle settling on the ocean surface like gulls before drifting under slow waves falling floating into the quite space below.

Revenge fantasy with God and water Anonymous

but so the scorpion climbs on the frog's back and the scorpion has been imagining this moment forever they get halfway across the river and yes - god - the point sinks past mucous into muscle and the frog says now we'll both die why did you do that? and the scorpion says you probably don't remember me but / the scorpion was sinking and she saw an angel come to carry her off and the angel said be not afraid and the scorpion said yeah don't worry i've seen worse no offense i myself have been a pair of fiery-eyed wheels a venn diagram charting the overlap between coming of age and hurtling skullfirst toward a hard slab of ocean



For Another Season Fabrice Poussin

if god gave you an orange Dimitra Merkouris

if god gave you an orange would you reach out your hands fingers splayed grasping gasping biting into its sweetness knowing that explosions of juice would spray your face trickle down your chin settle into the deep crevices of your chest? a perfectly divine stickiness extracted from sun-warmed heavy-hanging fruit echoing the hum of half-drunk bumblebees drowsily, mind-numbingly random intent on pollinating

the whole wide world or would you give the impression of rapt attention while dangling that damned orange against your earlobe? scoping out reasons to complain about natural sugars versus artificial sweeteners that left you with the world's most bittersweet aftertaste. I think you will always find reasons to complain, even if the aftertaste left in your mouth was laced with honeyed sunshine.

Grapefruit

frank carellini

i remember your baroque body and admire you the way one admires Rembrandt but merely interprets.

your oil is sacred and is the trace of gods of war and scrumptious fruits and beheadings.

in my mere hands — like grains of sand brushing on the sphinx your precious pulp is a tinge of grapefruit and original sin.

you came to this world, likely across a raging sea where leviathans bowed and deliberated about who your creator could possibly be.

in my fugue thoughts i read your plump Balthasarian lips and worship your Rubensian hips.

the best i could do to speak affection is avant-garde and my geometrics melt under your seismic sun.

i wish they hung me across you but i belong with the moderns because i am of lines and you, flesh.

Under the Lights Holly Day

I open my mouth and imagine butterflies are going to fly out that inside me are flocks of brilliant monarchs that have struggled to hatch and pupate and transform into brilliance for years. I command these butterflies to fly out of me, through my open mouth, to burst through my skin in brilliant flocks of black-tipped wings and rainbows. I can almost feel them inside me, encourage them to force their way through my body, through my skin can almost feel their tiny claws struggling to find purchase along the slick, wet meat inside my chest.

Nothing comes out and I am empty, I don't understand why the room isn't filled with rainbow-tinted butterflies why there aren't sparkling clouds of wings filling the room obscuring the quiet crowd before me. I was sure there was something better inside of me than what could be seen through my skin. The audience stares at me in impatient confusion from rows of folded metal chairs they came here to see me do something special they came to see something wonderful, or just something. The butterflies I thought would carry this performance die just short of emerging, perhaps suffocated by doubt or just unable to find a clear path out.

DRY RYE TOAST

Gary Sokolow

- How did you end up in some college town, left by some setup girl, friend to your friend's blue-eyed Irish girlfriend,
- who separated each fragile eyelash with a straight pin, like the petals of a flower opening. And all of you were together
- to shoot a student film, your steady hand on the eight millimeter camera capturing your friend and his girlfriend tumbling
- down a hill, rolling in and out of flying leaves, the centerpiece shot that would win him first prize, and how that night your setup
- girl was picked up by two sailors, complete, you swear, in starched uniforms, white sailor caps, and how she'd howl at the moon
- in the room you left for them, fine you were to be drunk and alone, the circumstances you drag yourself through that might lead
- someday to meaning, and early that next morning, you wandered Albany's backstreets, past boarded up storefronts, abandoned
- warehouses, stumbled into a place, bar by night, breakfast joint by morning, you sat at the bar and ordered two eggs over easy,
- dry rye toast, and how you felt the eyes of the locals upon you as you stared at the Christmas lights blinking the length of the bar,
- it took everything within you to keep it down, desperate as you were to grease away the vodka nausea and the shame.

In Praise of Cabbage Ellen Roberts Young

Pale green, stiff, long-lasting: what iceberg lettuce aspires to, cannot attain. It can be cooked with onion or chard or both, or chopped for coleslaw—don't stint on the carrots or a salad with apples and walnuts. It stretches a soup. The food of kings? The walrus links them, while Peter Rabbit, preferring sweeter greens, leaves the cabbage patch to a family of dolls. Huge vats or a crock in the basement turn it into sauerkraut, necessary for corned beef sandwiches or—if you're German with turkey, but when eaten raw, cabbage satisfies the chewing jaw.

The Other Side of Flight *Ivan Peledov*

The sky is a mashed potato stashed away by a stray angel. It reeks of dead hawks, and the days begin stealthily, with inarticulate slogans extracted from the otherworld. Meanwhile envelopes for voices and tails are cheap like noxious autumn leaves and ramshackle fences guarding emptiness.

Peeling Natalli Amato

I bring the carrot peeler to the waxy skin of a garden butternut squash. It comes off in chunks instead of ribbons even after I adjust the wobbling blade.

Diana Ross' On the Radio plays on the turntable. I hear my mother sing. She is not in this house.

I sing over her. I sing over Diana. I force a ribbon where there isn't. My finger bleeds.

Fistful Kami Westhoff

The saddest story I ever heard: a mother, two children, a freckled spaniel huddled in a closet under the stairs. The mother, in a smoke-choked delirium, thought it the safest place to wait out the fire.

My father was there that night, his first shift as a volunteer firefighter. His last. Two decades later he told me it was the children's hands that skewered him, (that was the word he used, skewered) one clutching their mother's hand, the other a fistful of spaniel.

I was a grade above one of the children, and even as a second grader I understood the inclination to cling when she said *Don't let go*, follow her into the smoke when I could see the path fresh air, trust her ability to protect me even after the fire finds us.

Sin Dad in Savannakhet Regina Beach

I lost all my Bhat (and some of yours) on roulette and blackjack on our first date Rolling into town on your Honda Win, Delilah I missed the easy conversation I took for granted before moving to a place devoid of my mother tongue

Under a corrugated plastic roof, I ordered in Lao Two big beers, small cups with ice and a tin pail of hot coals gingerly placed in the middle of the table, where we sat, the only *falang* there, side by side gingerly prodding the other with questions of the heart

Between bits of grilled meat, boiled eggs and soup from the moat around the *sin dad* catching the fatty drips as the beef sizzled and turned brown I catch your hazel eyes lingering on the profile of my face silhouetted by Christmas lights, up 365 days a year

You were honest, unreserved, counter to your British roots But I didn't know this would be the first of many barbecues when we parted ways without kissing goodnight

Notes

- 1. Falang- Lao for 'French' but applied to all Western foreigners
- 2. Sin Dad Lao vegetable and meat hotpot cooked at the table over coals

Desert Melon frank carellini

i.

there must have been lotus on your tongue because i couldn't take my mouth away my numb lips are buzzing from friction on pricks of residual hairs that you let grow a little wild like the ones on the vine of the melon i found in the rotting field a mirage in a thirsting desert ii.

i voyaged from lotus to the hanging gardens below your naval trading a wonder for a wonder i had only heard of them as they were fit for gods and i, mere mortal your ferns unravelling sticky spores onto my cheeks incantations of transmutations i digress

.... 111.

they say rain doesn't read on camera so milk is used for drastic effect you would read just fine as we create physics it seems i both live and die between what are Grecian in scale as the blood rushes like rivulets spotting red across your body flickering embers in residual fire iv.

it has been days since i've eaten outside of this bed the oil of your skin and salt of your sweat calm the pangs i fill my lungs with your chloroform breath. occasionally i must break to log-on to file something away beneath tossed clothes where is the floor? You are the floor

Home Shoes Karen Mandell

My mother's house slippers were periwinkle blue vinyl Closed-toe vamp, lightly padded footbed, tucked under the bed at night, by day their padding quiet as the fridge. I admired their softness, their malleability In harmony with my mother's firmness, Her tread determined but light. No stomping, she'd tell me as, between books, I roamed the house, looking for brother Or sister to tease, shoeless and sockless, Once stepping on a glass sliver from a cup I'd broken. You're a *vilda chaya*, she charged, A wild animal. At the playground I stalked around the sandbox with its concrete ledge, A tiger, a grizzly, a monster conjured in the dark.

My grandmother's sarung Patricia Pinto

My grandmother's sarungs Are light, airy, and comfy Stiff to look at Soft to touch

My grandmother's sarungs Are bright, colourful Made in the old batik style When they sold them The way you get replacement shirts and pants From today's pasar

My grandmother's sarungs Are smaller Than the hospital's Easier to wrap, simpler to handle

My grandmother's sarungs Are sarungs of fantastical flowers Yellow, blue, red and gold Some are of the night, Dark blue against cooling flowers of purple and pink My grandmother's sarungs Said she was here Looking after children, caring after little ones Mama was never more at home

Than in a sarung at home To wear mama's sarung You slip it on Careful! They have a proper inside out Then you lift one side and hold it away Put your hand on your waist, Fold the side over Then you tuck and roll Remember, outside, not inside, So it doesn't come undone When you move a lot

Mama used to tie hers with a piece of string, the same colour as her sarung I wonder Where did it go?

The cure hurts more Beulah Vega

I was wounded-tortured-a million tiny cuts-sliced by my mother's words -slit by my father's hate no longer bleeding-

-but not healed-

larger wounds-gashed by fickle lovers-gouged by inconstant friends-Insidiously drawn by my own hand-branded into soft folds by my own hateful thoughts-

-not able to heal-

I am cajoled/threatened/drugged/imprisoned-implored to make a change- to morph- to crawl from my skin into someone I have never known.

-72 hours at a time-

The genetic disposition -for self-harm- self-hate- self cruelty cant be cured-but it, like I-can be controlled with pills-soft voices-pastel colored rooms-

-mindfulness-

I don't understand the creature they want me to become-without despair-without terror-without anger-without passion-without bliss-without ecstasy-

-without me-

Slowly they peel back my skin-plowing through the old wounds-yanking open old gashes-

excavating through healed dermis-grinding through old pain with coarse sand-

-therapeutically of course-

Once opened- probed-studied-violated-the wounds are cut out with no anesthesia-in their taking the skin holding me together-goes with them leaving me-

-flayed and bleeding-

My entire psyche is like a new wound-the laceration pried open and clamped into place- then I am let out into dust-choked wind- and covered in-

-salt-spray-

They tell me that new skin will grow-cover tendons- protect veins- hide nerve endings now dangling like old wiring in a dilapidated building

-still sparking-still hazardous-

But each step now is on decorticated feet-naked muscles sending shocks of pain-terror-distress to a heart

-suddenly disconnected-

A heart disconnected from its overmedicated brain-lobotomized soulsuffocated anima-its psyche-its drive-its peaks and valleys-

-from itself-

So forgive me-If I am short-If I flinch at your touch-If I question every word/motivation/emotion/trust we once had-forgive me if my once vibrant eyes-

-carry nothing but tears-

I am raw, and this world becomes more ground glass every day.

Throwing Things Away Rachel Landrum Crumble

"As if there was such a place as 'away."" —William McDonough, Cradle to Cradle

I.

I was a hoarder of broken promises, unwitting curator of childhood's abandoned treasures. Even paper yellows, ink fades, cloth rots, books mildew. Don't be like me. Let it go.

II.

A marriage is not a thing it is an ecosystem, except when the ground lies fallow season after season, until, inch by inch it buries you.

III.

Static is the amplified absence of connection, when one side is plugged in, waiting. Nine years is long enough. This unrequited expectation of joy belongs in a curbside bin, or perhaps, mixed with clippings, brown paper, coffee grounds, might compost and bank a heat to stave off an Alaskan winter... No. Let it go.

The Longing Amrita Valan

I wither, I shiver, I feel my face fall Like a ghost deflating In a scream no one Else may hear, my heart Feels the puncture in My lungs that only I Must bear. Till the Sanguine chambers Corrode, I can feel the Walls erode. Unwanted, Leper!, Stay away, I am Helpless when denied Right to communion, Participation, cool Wishes project warmth, "Try your luck elsewhere." And I will. My blood buzzes Inside still, with dreams, Hopes, aspirations that my Lungs susurrate as they Succour my soul. Mother's Love was my first breath, She whispered, "Never say die."

is was Jason Melvin

It's difficult to watch is turn to was the words forming on recently widowed lips a struggle with semantics while struggling hard enough without Words concern for proper grammar is present was past and you were just two hours ago standing right there



Damp Splintering Alan Bern



Immolation Bruce Gunther

The attendants pour gas carefully over the monk's head, cars honk in the Saigon intersection.

"I respectfully plead," begins his letter to the autocrat, "that you take a mind of compassion and implement religious equality to maintain the strength of the homeland."

He sits in full lotus, feet resting on his thighs. He lights the match, eyes cast downward.

If we listen carefully we hear the voice of MLK. We shake off the dream of a shooter's nest in Dallas. We sense the peasant guiding his water buffalo through the rice field.

The flames lick higher, their lethal fingers invite us closer while we watch from 9,000 miles away. The boy closes a notebook covered in American flag stickers on his desk in an Ohio classroom.

The smoke travels over continents, its traces linger above a Klan meeting in Mississippi and move on. Hear the rubber stamp come down on a deferment that sends the millionaire's son home.

How about a wink and a nod as the wails of anguish compete with the honking horns of Saigon? Faces peering from car windows. Nuns cover their faces, the smell of burning human flesh, the monk unwavering.

And in the jungle darkness, a soldier flinches at the sound of a twig snapping.

Living Color Bruce Gunther

How you remember it: the purple popsicle mittens of the girl on a school bus. The egg yolk glare from the carny's booth. The neon red of the cardinal as it drops to the forest path. The tanned leather knuckles of a fist coming toward you. The olive green line of the heart monitor as it becomes still. The spit-shined black of the policeman's boots. All of it light separated, reflected, on a perpetual canvas.



Today, she is ripe with anger. Teeth-shaped wounds scatter her lower lip, the nurse's arm, the paper bowl of oatmeal. I press my palm against the sticky skin of her shoulder, out of range of the bite.

The caregivers speak of the soothing nature of the circular, of knowing what departs returns so I move my hand in a circular motion, punctuate each circumference with a heartbeat pause so she can tell when one ends and next begins.

I lean to snag her focus from the tv where newscasters and talk show hosts won't stop asking her questions she cannot answer. *I'm here, Mama,* I say. Her pupils, fat with whatever they've given for her, eclipse her irises. *I know,* she says, *but you always leave.*

She's right. I'll leave after I wheel her into the cafeteria, crick her bloated legs to fit underneath the table. She'll reach for me, a motion jumpy as a fake bat on a string. She'll cry as I walk away, ask what she's done to deserve being left alone.

There must be heartbreak, too, perhaps obscured in some secluded cell, but when I push the code and the door clicks open, I feel nothing but relief.

I cough out the sour air of last breaths as the dew settles its damp on my face, and the safety lights click on. It's only four-thirty, but the sky's already swallowed by the dark throat of night, my mother cries alone at a dinner table set for four, and day is only a scribble of light on the shadowed canvas of the horizon.

Unsolvable Kami Westhoff

I dream you in my passenger seat, 40 years old, hair coiled from Nice & Easy home perm, glasses that swallow your cheeks when you smile.

It's been three years since I've driven you anywhere, formula of lift and lower, shift and scoot, door handle, seatbelt-- an unsolvable equation.

One day it took us 45 minutes to maneuver you into the car, our cheeks aching with laughter long after there was nothing left to laugh about.

We never claimed we were good at being forgotten, but we kept visiting even when you thought we were staff, asked repeatedly when your daughters would visit.

In your last week, you were more bone than body, but still we tended to you: twisted Q-tips to clear wax, carved away the spoiled food wedged beneath your fingernails.

We lotioned the ashy skin of your elbows and heels, wiped scabs from your lips and dabbed them with balm, trickled Pedialyte into your mouth with an eyedropper.

But you aren't being dreamed about to discuss things any decent daughter would do for a dying mother. You're pissed. Want to know, How could you let them burn me?

In the dream, I stay silent. Drive you to the bay. We bite the bottoms off cones and suck strawberry ice cream through their soggy tunnels, eat until we're sugar-sick.

Days pass like this—stomachs aching with curdled cream, strawberry seeds caught in our teeth. We don't say a word, but our mouths never stop moving.

You are light as ash when I carry you toward the shore. Arms wisps on my shoulders, legs a halo on my hips. We submerge into water so warm I can't tell sea from skin.

I See You In ICU...Do You See Me? Gerard Sarnat

thanks to Eliana V. Hempel M.D., Blood Ties, NEJM, 28May20

Distraught woman before us with that hunted look in her eyes seems all too familiar.

Filigreed monogrammed hankies make repeated trips from mouth to lap then back again

as our collective horror at the rapidly increasing amount of bright red froth intensifies.

She's barely able to breathe, let alone talk rationally, as once pleasant smells vanish with a mom's viral fear.

Medical Matryoshka Isla McKetta

Smoke over fire I remember as they attach electrodes to my gown-clad-wipedclean mother, terms taught using my body as test. Scrub colors bleed washes of wordsher dilaudid, my ketamine gabaa hematology pentin soothes nerves alert (just in case) when I had only screams. Her ten hematocrit might need blood my seven should have allowed another body pumped in as one was ripped out. Would I then know-these tears borne of me or her?

Fathoming

Marjorie Power

Since you asked about the haiku you've hooked to the end of your voices-in-the-void piece: go with the first fourteen syllables, then find another three. Fathoming pulls me out of deep space and into the bathroom where my husband mumbles while brushing his teeth.

He's trying to speak only because I asked a question. Still, he sounds lost, almost drowned.

Get those marbles out of your mouth and back onto the sidewalk. Flick them against each other so I can hear their usual click, my friend, my old, old friend.

In Translation Clay Waters

crossing a border when language fails you, taking tight turns to mock the maps, memory crimped—

until a long empty hall rushes everything back and strands you at the door that will never open again.

submerged into strange words spoken in strange places where letters tumble like laundry

you emerge dizzy babbling volubly into a passport to drown the silence (how do they speak when you're not there?). reflexive verbs point the finger back at you in the bar or pub or inn where the past stays tense and there are too many sorry's in the world, where hasta la vista doesn't mean goodbye (it doesn't) and voila! you've missed another connection caught catatonic at high noon.

under a black remote sky with no familiar light how strange to believe you will meet again around some unseen bend,

spouting sunny absurdity that defies all phrasebooks

lodged together forever in some fantastic place after all the maps have run dry.

Soul

S. J. Perry

for Dad

"Every bit of data I've ever seen tells me your consciousness is the sum of chemical and electrical impulses. Get over it." —Neil deGrasse Tyson

Ι

A body is a home for its own soul, but that's enough. If a soul is the sum of chemical reactions, that's enough.

Alone, a soul can't move itself around or hold or heal or eat when it's hungry. A soul may love, but it can't act on love.

And if a soul is sad, a body still survives, though it may sicken, slow, or stoop. Without a body a soul is inert.

Π

When you died late last month—I'd like to think you chose the day—the chemistry had stopped, the soul—the electricity—at rest.

In the last days you reached into the air. "They all do that," the gray hospice nurse said. "They're reaching out to those who've gone before."

A soul who'd made such lasting marks on me, who'd finished all the honest words and deeds, was over it, was done with a body.

A soul divine Mark Andrew Heathcote

Raw and savage, beauty is abreast of the world. She sits in her arbour an ardent little girl.

Raw and savage, beautyis a blending of pure design. Hopscotching-to-her duty as subtle as a soul-divine.

Deception Joan McNerney

Traces of lace cover walkways. Snow so white it almost blinds us. You came with a spectacular glow. I became awed by this splendor.

Everyone was so captivated by your charm, wit, words. We wondered if the sun rose and fell under that magic.

Pure white snow turns gray from exhaust fumes. Hardening on roadsides, icy frost plunge cars into ditches.

Deceived by your wicked smile and simmering blue eyes. Tricked by razzmatazz. Only mud and freezing rain lies underneath.

Some thought the fault was mine. How could this have happened? There must be something else. Something I have hidden away.

Caught in claw of memories now, regretting the trust given to you. But I will never be betrayed again even if hell freezes over.

The Wounds It Has Made

Carolyn Adams

You're given an impossible object. It's little more than a belief. It twists in your hand, shifting in shadows.

Uncertain landscapes, specificities you're not sure of, memories questionable in their accuracy.

An indescribable tenderness. Music from the next room. A coupling, its heat unquestioning, Unsustainable.

A silence, empty of argument. Indifference, distance, neglect. A hard rain in a parking lot as you're leaving.

Each angle transmogrifies.

Two women walk between you and the geometry in your hand. Their stories are here, too.

A child you don't know asks a question. She's crying. She doesn't know you. You give her the object, request that she repair it.

How can you ask her to do that?

You find yourself at a distance, staring at this intricate thing. Studying the wounds it has made in you.

JUST TO WASTE THE MORNING R.T. Castleberry

Too early for dogs barking, for the train's rolling whistle, the sun is seized by night's glassy course. November rattles the sidewalk's seam, studio apartment windows above a winter-shuttered pool. Mealy apple, day old doughnuts for breakfast, I'll spend the day finding the cheapest copy of a desired book, a match for a print lost to breakup.

Stepping past grapefruit, dropped and rotting on the sidewalk, I wear a Bosque Redondo tourist tee under a German greatcoat, a twelve dollar haircut beneath a newsboy cap. Unsteady on the landing, optical illusions of cracked stone, pebbled strip, rusty wrought iron trip me up. The clinic doctor's instructions rattle my last nerve. Addresses and keys in hand, like Son House striding his blues pony, I'll slake my sorrows in collection remains. Release Hiba Rasheed

Release #1: Occupation

I did not see it coming A train of armed passengers Seizing power Spreading animosity Self-loathing Throughout the cities that flourished for decades Under the sun of my now sallow skin and creased heart I let them in They sensed my weakness Political disunity Religious hypocrisy Among the parts of me I am now but a massive puppet Under the mental erosion of emptiness

Release #2: Falling

Soul: Pieces of light strung together to make me Mind: My controller; my guide Conscience: Battlefield where mind and heart hold their clashes Then come the cells, tissues, muscles, and bones Encapsulated in a carnal vessel Fastened by love I stand at the edge of the abyss Body unraveling at the seams Contents spilling Melting I lose myself

Release #3: Walking out on (of) Oblivion

Nine months ago We met A faint sir of a heartbeat Lulling in the darkness We met Somewhere between my subconsciousness and your consciousness We met In a state of limbo Where inception could have meant beginning or end I floated Lost in the wilderness of my past Conflicting with my present's descent into you and setting me free

Heart Press Maggie Walcott

Remember the first. Her tiny face tender and raw like the day she erupted from your quivering body openly covered in mucus, so disgustingly beautiful you could not help but press your hard lips to her heart, that small clementine sized organ, hidden below layers of newly knit skin compact and unripe and yet (and yet) still bursting with meaning and life so sweet, it scaled your mouth to think this tiny heart would soon grow fist-sized, clenched with courage long before you were ready your own heart has been a fist for so long you could weep but not yet (not yet), first you must erupt with tender possession signal tenure with hard application of your lips to her cheek, her lips, her head to her heart, mercifully still an orange cradled gently in your grasp, for now

The Back and Forth

Jeremy Wm. Farrington

We spent the afternoon like teenagers, holding hands, walking the neighborhood like we didn't have licenses and kissing when we thought we could get away with it.

On a swing set we traded lyrics to old songs before we debated for half an hour whether or not you would actually be the one that saved me.

The words coming out of your mouth are new but also familiar and comforting at the same time. You move behind me and with two hands set me in motion, away from you, then back, establishing a rhythm --

groan of metal chains, my feet dragging on the ground both ways. The patch where the grass is gone is the groove in the record where the DJ drops the needle and the crowd goes wild.

The sun, like a pocket watch, set in the vest pocket of the stand of trees in front of us and let us know that even with you standing still, we were running out of time. The trees cast shadows, arms that reached towards us then shrank as it got darker, as you stopped my trajectory by wrapping your arms around me.



Heart Ellen Mary Hayes

Aurora

S. J. Perry

mornings in our bed I like to be the small spoon when I'm the big spoon your gray hair tickles my nose and my old back gets too cold

We thought that Ellen Sander

it was that night you trembling held me voicing thralled currents running wrecked through my limbs, relocated the Pleiades one by one between sobs of laugh gasps.

We shivered under cover of jackets mumbled nonsyls and bablets, that it was happiness, that life would be such and ever. We read maps and fit furniture, paused passing art, ate uni on a dare, tongued the raw quail egg till it burst, salty cream of its swell spreading in our palates. We flew to Haleakela, hiked its sulphur gullet and lava tubes, ate poi on a dare sighed sinsemilla vapors into one another's mouths.

Two Lovers Parting At Dawn

Denise A. Martin

I turn to reach for the warm familiar contours of your body Brush my lips across your shoulder Run my hand along your thigh The icy mattress etches a silhouette that startles me.

Dawn's creeping fingers Grip the dresser drawer you never close Shine glints of light on your favorite watch Time stopped, battery dead.

Guinea Pig Kendra Nuttall

Look at you, little jellybean, freshly grown from fairytales.

You and I are the same small toys in a giant's land,

shy under the giant's hand. I'll plant you in fleece,

bury your velvet nose in blanket folds until it's time

to surface from security. It's you and me

against the world. Will you cuddle into clouds

or storm the castle? I'm not asking you to be strong.

I'm asking you to stay alive when the sword comes crashing down.

Weeping Willow Catherine A. MacKenzie

I rest under a weeping willow, Watching a darting dragonfly,

A ladybug lands on my shoulder, Over yonder, a red cardinal chirps,

Earlier I found a polished penny And days before a velvety feather,

All signs from heaven, A deceased delivering love.

There Are Things Prettier Than Flowers *Kendra Nuttall*

"Do not go gentle into that good night. Rage, rage against the dying of the light." —Dylan Thomas

I bury myself in mountains and press flowers in glass coffins,

because we're prettier that way, out of reach.

I don't want eternal life unless my dog lives forever too.

Don't make me watch the world decay.

I'll go into that good night if you open the door when I arrive.

'No One Can Explain How Planes Stay in the Air' *Clay Waters*

bees are born with lift clouds make thunder without meaning to

life staggers blind across a booby-trapped planet miraculous and mathematical

streams of probabilities break and hum soothing you to sleep when your daughter is out too late dodging drunks

but the same reckonings that win the lottery crash the planes

and a lone prime may one night stick like a bone in the throat dividing you by nothing

First Light Margaret Koger

Like frost on the narrow. —May Sarton

my heart muscled to a tree

limbs leafed open

palms scooping up sun riddles

pulse frothing on Dagger Creek falls coaxing a salmon mother's roe to red

me—raised an avian kited on mesa winds weaving pied rhapsodies of dawn prayers

and tumbled into the arms spread-eagled his spell of love

raw as a cut artery

Desire Diana Raab

(In response to: 'Love Sonnet XI" by Pablo Neruda)

I lust after every part of you—every one: your mouth—that lake where we met—and your eyes brilliant as its waters.

We walked slowly on that lake's edge, afraid to leap in too fast, afraid to dip into dangers living in its depths.

You kissed every fingerbreadth of my body. Even my scars enchanted you—oh, and how another human could be formed

with those stitches that hold me together. Was there one part of my body you didn't cherish?

Your tongue slithered— a tiny snake—up and down my aging body. It sang under that spell. You loved my years, a twinkle in each wrinkle.

Your cerulean gaze lit my crevices all at once limp and tense with desire. I watched you mirror my lust.

Such tantric waiting! We waited and waited until I could no longer keep my hands and mouth away from you.

And I remembered: just allow, be with it—once again we were brought to desire's edge, before reality grabbed us back.

Actinic Keratosis S. J. Perry

appears when you have long been too much in the sun

like any day when you're of a certain age it could kill you but it probably won't

it'll instead just fade away or crumble away

the odd chance that it'll develop squamous cell carcinoma adds a bit of purple

to otherwise spotty grayness

O, Medusa Meghan Sterling

Countless, the time I spend imagining my way out of a paper sack, where the sack is actually solid rock, bills, stones, inherited rage, the hoist and heft of the daily task of work, of being mother, of being wife. Hand-holding, notes to self: spinach, toilet paper, laundry, garbage out Thursdays,

she likes her milk cold. Countless, the hours I write numbers and lines to figure out how to make it all run—the house, the job, the meals, moonlight in the pines, a heap of leaves to turn into a craft. What a

wizard, what a saint. But really, I'm wound tight as a clock,

my shoulders pinned to the sky, my body steel,

my face patched and worn like a tire.

Even the moonlight gets tired of shining. Even the pines get to hide in the dark sometimes. Even the cat. I found her under the bed yesterday, sitting on a guitar, half of a stuffed mouse hanging from her maw. Too many other guitars were under there, or I'd have joined her. Somedays, I dream of Iceland. Others, of Greece. The place inside projected out,

where I don't flinch every time

someone says my name, where I don't hate the sounds of being alive, because there are

fewer. O Medusa, O Madame, where is power when I need it,

when each day becomes

more mundane and less magic? I'm afraid my gladness is losing its luster. Bring me your particular poison, help me funnel my dreams

into a basin of witch water,

help me refocus my gaze onto the extraordinary within the ordinary my husband's smooth hands, my daughter's lips on my cheek.

Cedar River, January Jeff Burt

i.

What year is longer than another? This. A storm comes through me, again, icing the shack I raised in the winter of the heart.

... 11.

These are unusual days: crack-cold killing the thaw, weather of forcing in. So to my spirit walled by the wind.

.... 111.

A red fox trotting on ice fire trapped in a mirror. A red cedar falls on the frozen river, King's dream on the hearts of a new generation.

iv.

Oxygen depletes. I gulp more for less. Fish harden below the ice, I above.

v.

Love withheld is not love. Love engages, love connects, embraces through, holds. To melt the ice, I do not need a fist.

Sonnet for the isolation *William J. Joel*

"Home is a shelter from storms-all sorts of storms." —William J. Bennett

Go back inside! Go back inside! Don't stand around on corners, swapping stories. Stop embracing friends, no heartfelt hugs. Don't slam your palms against each other's, spreading droplets, bits of virus, faster, bringing plague to those whose bodies are too weak to fend off illness. Just because your cough is vague and fading does not mean that in the end someone you touch, or come too close to, can't contract this scourge that knows no nations, flies across our borders, seeks out hosts to grant it entry—watch it quickly colonize. But isolation's not too much to give, if doing so will mean that more might live.

Vespers

Peter J. King

eternity's a word that's made of layered velvet dark hued, its pile is thick, and so the mind's eye drowns within its depths, pulled down, can't catch its breath, is fooled into the death of reason.

time's the attribute of thought, embedded in our mental lives; perceiving, feeling, reasoning, and all the rest are strung like beads of jet upon the weft of passing time.

vibrations in the warp spark colours as the beads collide, and send them skittering down pathways new and unforeseen.

but as we near the frayed inevitable finish of the fabric of the mind we worry where (and if) the beads will wander.

Craving You Diana Raab

(In response to: "I Crave Your Mouth, Your Voice, Your Hair" by Pablo Neruda)

I crave after every part of you, from your perfectly aligned toes to your balding head with snowy flecks.

This morning, you stand at your shower door peek as you enter under water droplets, I peer through frosted glass and yearn

for you to hold me, lift me up and twirl me around, like the ballerina we loved at last night's show.

I want to do everything with you: watch you place two steaks on our barbeque, baste potatoes,

and lick ice cream drips from your cone, and sprinkle me with kisses. I want no sunrises and sunsets without you,

but long for fleeting rainbows to encircle us and shooting stars, the guards of all our wishes.

Enough of Sadness

(A Plea in Villanelle) Russell Willis

Enough of sadness Of stars when crossed Is it too much to ask, to ask for kindness?

Enough of rage's stress When even righteous anger exhausts Enough of sadness

When 'my" advantage is the one you press And at that moment "us" is lost Is it too much to ask, to ask for kindness?

What of our blindness To hate and at what cost? Enough of sadness

We form lines of words to artfully express Our deepest fears and angers glossed Is it too much to ask, to ask for kindness?

To know affection's tender caress In words and verse not willfully tossed Enough of sadness Is it too much to ask, to ask for kindness?

Summer Nuptials Karen Mandell

I ran home to Rose, lying on a chaise lounge In the shared vard of our Michigan summer rental. I could barely speak for excitement. I'm going to be married next time, I said, Raising the bouquet I'd plucked from the air When the child bride tossed it. I held it like a torch inches from Rose's face. I caught it, so next it's my turn. Calm down she said, take it easy. A wisp of irritation, like a down feather Floated between us. Take it easy? I'll be the bride next week. What did Rose see in her daughter's face That moment? Wild short-sighted eyes, Over-excitement, exultance. It didn't bode well. Too much for her high strung seven-year-old. Next there'd be crying. As usual. I knew what she was thinking, But I was too high to come down that fast. And I didn't want to. That feeling, The giddiness, the rawness, the delight. Did I get married the next week? Who was my beloved? Of that no trace, unmarked memory; Catching the bouquet, the astonishing luck of it, Its joyful unexpectedness, its explosiveness Nothing could compare to that.

At the End of the Day William Pruitt

My son calls me up to tell him goodnight. He is four. I ascend the stairs, he is already in bed with Teddy. He asks me to sing him the song I made up for him. I sing it every night. It has birds and fish and sun and stars, trees and rivers and mountains.. It comforts both of us, a routine to end the day. To tell a story of how each member of our family loves him, how he loves them back.

As I sing and we both listen, I am allowed in this moment to step away from son—he's not just that—but another human being, deliciously close. Together we make a life. It has an arc, a story, a poem, a song.

I know I am young, going somewhere wonderful But it will never be any better than this.

But Here Ivan Peledov

This land's secret obsession is my best friend. It's full of unsound traffic lights and trees with the gloves and masks of innocent fiends caught in the branches. It laughs at my signatures, my name, my wording, my accent. It wants me to be a nobody like that lucky traveler who could dupe himself and become the other, not even a reflection in a sacred pond.

Lauds

Peter J. King

delayed by hills, maybe, or banks of cloud

but definitely on its way to dissipate the gloom of sleeplessness

(a moth blunders through the open window, beats its wings against the glass until by chance it gains the dusky garden once again) sensed somehow by uncounted birds that call in individual delight (no chorus, this) at what is yet to come, prognosticators of the dawn

to us, for whom the darkness seems to have no ending (even the alarm clock's dial and hands lack l u

> m i n e s c e n c e

) sunflowers are a fever dream, named for a myth of childish hopefulness.



Watching Always Holly Day

When I was 20, a man showed up at the office I worked at, filled out a job application asked when I'd call him back. I told him I didn't make the calls, it was my boss and I thought that was it.

The next day, the man showed up at the office I worked at, handed me a card that said "Can we be friends?" I laughed and shook my head and said something like "I'm too busy for friends," because I didn't want to be mean and I really didn't want to be friends.

Over the next few months, he showed up in my life every single day, would just sit in the lobby of the office and state at me through the reception window. I'd find reasons to leave my office every chance i could get, would volunteer to help other secretaries with their filing, or to run paperwork out to the warehouse, or ask my boss if I could use his computer to type up reports. When I'd get back to my office, the man would still be sitting there unless someone chased him away for the day.

He found out which bus I took and would be on it already when I got on, would sit in the back while I sat in the front, trying to discover which stop I got off on. I would ride the bus to the end of the line, and just tell the bus driver I'd missed my stop, that I'd just wait until he turned around and catch it on the way back. The man at the back of the bus would get frustrated and just get off, as if he knew I might ride that bus back and forth all night

waiting for him to get off before me. And I would have, too.

Eventually, my boss asked me why the man kept coming in and I told him how he wouldn't leave me alone, how we should call the police

how I didn't want to get the company in trouble so I hadn't done it myself. The police were called and the man was hauled away

twice, but the office manager insisted that I must have done something to lead him on

that maybe the man was an ex-boyfriend who just wouldn't let go he called these lectures "fatherly talks." The last time I saw the man

was right before the police came to get him for the third and final time. He came into the lobby with the same ripped-up red t-shirt

he'd had on for weeks

a pair of dirty jeans, his hair wild and disheveled. He was so angry at me told me I wasn't a very good friend

and said I should be careful how I treated people.

legacy Corey J. Boren

you recall this much:

pounding fists, the shaking brown door, your mother's arms grasping, shaking, not enough limbs to pull all of her children into her, not enough skin to press into skin, not enough skirt to cling to, the second story window overlooking the neighborhood, the swirls painted onto the ceiling in plaster, and finally, cruel fingers slipping under the crack in between the oak or maple and the carpet, pulling, pushing, hinges twisting and gasping, the knots and swirls of the wood giving way to cracks and canyons and shattering and hallways.

you remember nothing after.

Gideon's Bible Cheryl Heineman

I was told to check into a Chicago motel, just off a busy freeway, alone. A man named Rudy would come. It would cost three months' rent. A woman tells the story on the radio about her abortion forty years ago. Rudy showed up in a crumpled brown suit with a paper bag in his hand.

Maybe there shouldn't have been Gideon's Bible in the drawer next to the bed when I woke in bloody sheets, the man gone. Maybe it wasn't the time for insistence of life, as I rode the train back home past spring's curled gardens bursting with so much lily of the valley.

a selective bastard writes Paul Tanner

he was curled up under the bus stop bench. I stood apart, looking at the empty road. he groaned from under the bus stop bench. I stood apart. there came from under the bus stop bench the unmistakable squelchy sounds of his vomiting, but still I stood apart and I stood apart when the vomiting finally stopped to be replaced by the gurgling of his clogged throat for my shift was done my night shift at the shop was done and I refused to nanny another drunk especially on my own time so I stood apart as the blister of the sun bled all over the car park I stood apart as even the gurgles stopped I stood apart until the bus never showed and then some.

Everyday Stress

Whatever lays you low this arid day under the sky's pressure too blue to bear it isn't forbearanceyou've nothing new to add to the discussion; everyone's under duress, you're not alone in this strained torpor. It isn't Xanax, not Prozac or booze you require. The outside world's too hot, too raw. Go in. Turn on the air conditioner, gaze out glazed windows. Thunder, earthquakes, brimstone at the threshold, creditors trampled, your wife in your arms. Say you have saved someone and the tension's all worthwhile, you've fixed the thing that was broken, clockworks, spinning wheel, axe handle, heart, the heart, the seized-taut alternator of your heart.

Beautiful Once

Lorelei Bacht

You disgust me, make me sick broken glass in my mouth. Perspectives petrified: everywhere a wall. I thought -I don't know what I thought.

How does anyone hold a thought? A long, long cry, piece of metal along the scalp. Electrified. What passes for thinking, these nights: dark images, repeated talks

with no-one. Each reprise a descent. One more step, one more step, a pool of black, a bucket - filled with what? What was it, what is it you want,

or don't want? I want nothing. I want a blank sheet of nothing. A big blank check, a white blanket. I want to be five and not now, my mother to call school. I am

not well. I need a rest. Every step taken so far must have been a mistake - I ended up in the wrong place, with the wrong face, something broken inside. I never wanted it

so dark. I wanted light. You were Beautiful once.

Hard Water

squandered tire tread, voice cracking to a song when the pavement buckles or emotion rises, ravens power-lifting daylight out of darkness, road white with age and rage like the muzzle of old dog, and difficult, missing shoulders, wild weeds reaching like taming hands to slow the wheels as they pass, anger dissipating into asphalt, Kendall's death once a mirage settling into hard water, the road leading to a void where loss can be emptied and to some other place without joy, without peace, without anger, not a destination since it's not where I set out for, not a start, a beginning, but a place to start to find a place to begin

I Cannot Listen Kate Maxwell

Don't talk to me of ocean, songs sunshine days, and whispers. Hissing in the winter wind the icy hand of melancholy has called itself my friend even as I've pulled my wrist from its cold grasp and pushed front teeth over lips to name it.

Talk instead of empty rooms floating dust and sucking silence or cardboard boxes rough with dull surrender and brown as cracked earth where hours and years are packed away with masking tape to fade into forgetting.

Or talk of stale-breathed mornings, musty doona as I watch the mouldy ceiling listen to the screeching whine of neighbour's plumbing and run cold fingers down the empty half of my double bed while I wait for purpose.

But don't talk to me of summer-baked Sundays or a warm scented neck where I'd stupidly nestled my breath, my flesh, my years. Those words are scabby fists against my purple head. I cannot listen yet.

Looking back Anonymous

Remember the childhood habit of speaking every sentence twice, the second time in a whisper, another opportunity to catch the liquid idea in hands whose knobby fingers could not keep even light from slipping between.

The dream is not a clever animal; it reveals itself in noises spilling from the moonhidden brush a susurrus spelling out the second chance of grieving alone. In the dream the figure can be pushed away. The intrusion is prevented the way it happened: permanently, and sometimes, yes, the trespasser is cracked against the sink and bleeds dark blood. Meanwhile the childself, in all her pink formlessness, walks on her knees on the sidewalk fearing God and gropes into the future for the right words and cannot be warned of what happens in a few years when she finds them.

Letting It Happen Carolyn Adams

Private music. Peculiar architecture. Miles of various grays.

Feet submerged. Motionless.

The instrument is non-essential. The hour irrelevant. The cause Absent.

Eyes closed.

A red sun explodes. A final note to end all things.

My favorite song.

I did something wrong. Lorelei Bacht

I thought that I wanted it to happen; but when it did, it was not the shape or colour that I wanted at all. It was larger and uglier than the idea of it, and no fun. I said words - when they were nothing more than words, I wished them all to become real. It was going to be: my revenge, my final win - I deserved it. Sitting here a posteriori, the words have lost their initial appeal. i can see them for what they were all along: hurtful, wrong. i am afraid of the ugliness I have manifested. It stares at me: black wings. It refuses to go away, until everyone knows that I was the one who did it.

inheritance

Corey J. Boren

even if i wished it-

all your blue eyes, brown eyes, brown hair, blonde hair, your irish melting into their danish and falling into my american, your home movies, accents almost transatlantic as you wave at the blaring fire engine, my spiderman light-up tennis shoes skidding along asphalt, stubby fingers raised in saltwater taffy praise, your deliberate slicing of the wedding cake, suit and dress and black and white, the grainy filter over every photo of you, the selfie i send on snapchat and hope she screenshots, or at least replays, singing little brown jug to mesmerized toddlers, the suckers i stick between my teeth and pretend are cigarettes, your russet skin, my tan skin, the splinters and calluses and handcarts and my sleeping in, missing church, feeling guilty, the ice cream parlor just off of main street where you hid the ring in the vanilla scoops, the soda i bring her every time i drive over, your stiff leg, my quaking legs, cresting the final mountain, losing breath at the sight of the valley, the mountains i named after people i knew, the valley i cannot leave, your panic in the dark cave, gripping the hem of your dress, begging the tour guide to let you back out into the sunlight, my lithium, desvenlafaxine, aripiprazole, the endless reasons i cannot find my breath, your quiet tragedies, your blessed mistakes, your bleeding knees, my quiet tragedies, my blessed mistakes, my bleeding knees, and if nothing else, the ribbon of cells once belonging to you, all the days you lived or didn't giving way to my birthday tell me this path is not my own, i owe debts to the dead

—i cannot be rid of you.

Winner of Rehab Jeopardy

Robert Armstrong

I'm surrounded by beasts, They sit at a table Wearing Skins of man, Shouting, Screaming, Rutting, Snorting, Spitting, Humanity gone From their eyes, An orgy of Mass hysteria, Incomprehensible Words screamed To the heavens, In animalistic Ecstasy, and It's sad to watch, This madness, This degradation, Of the Human Condition.

The War Begins Gurupreet K. Khalsa

Like a molten basketball, fairy fire, the red sun sinks painfully in the West. Heaven pulls its special hood over its head, graveyard-still, silent as a cat in a bush.

In a flash, the boom ruptures the night, cannon splits the ice, flame writes its words, swimming in waves across the ocean.

Roxy and her friends, in terror, rush to pressed huddle. Oh mama, your Nikes are melting, they don't have any substance, it looks bad for America.

There isn't anything I can do she replies. There will be no succor for any of us. Babies will die. We're lost.



Stuck in a Moment Steve Bowman

His grandparent's stairs are cheap wooden slats with see-through spaces between. Each one creaks and groans with familiar complaint. They go on and on. Ominous sounds float around him; the soft whine of a baby muffled between walls distant, inconsolable.

Unnerved he turns to go back but the steps are no longer wood. They are crunchy brown leaves. The kind kids jump into at Halloween time. But it is too hot for October, and this is no front yard. The ground slants down. At the bottom he sees a meandering creek. The baby screams become the distant hum of his grandpa's tractor, working the tobacco fields.

He turns and sees what he tried to ignore for nearly thirty years: his child self, further down the slope in a clearing between trees. The child is on all fours, his blue jeans around his ankles. A few steps closer, the child's eyes widen with shock and wonder. Behind the child is his uncle. His jeans pulled down too; his eyes closed with a determined smile. They move back and forth like new leaves on spring trees. This is not what he wants to see but he can't stop, can't blink. The scene is ever present in the theater of his mind. Shame and fear speed him forward. His mouth opens in a silent roar, his arms and clawed fingers ready to hurl his uncle to the black water below.

His hands touch nothing but air. His uncle shimmers in the afternoon sun, then blows up like a puff ball. The blue and pink pieces of his skin and jeans skitter like bugs across the leaves in hundreds of directions. Some rematerialize and gyrate with that determined smile. He hates that smile and stomps the nearest bug. Another poof ball and hundreds more uncles skitter off, smiling and gyrating. Grandpa's tractor still drones merrily in the fields above.

Blind Alley Michael Igoe

Caesar is the past master who quotes patient makers, only conversing in sunlight. He lives the outdoor life; likes the smell of melons. It will waft toward him, carried on a mild breeze coming from a pitchman. He's furnished with silver, but what he needs is gold.

A 300-pound man Sandra Vallie

hefts a metal crucifix from his shoulders. Waves it like wrath

strikes two officers and four bystanders. He has a history. The cops shoot barbs

into his skin. Stun him through the wires.

He apologizes. Looks fine to them – they can't hardly see he's already dead.

He has a history – thinks it best to leave town. Walks

76 miles from Albuquerque into the Jemez Mountains. He has experience

can translate the heat ahead to degrees of sag in his legs when the sun sweats his body dry.

His bare feet, bleeding spot and pickle hard packed sand.

Soon the talus will wear through. The tibia, pegged, whistles with his steps.

The path ends at a cliff wall. With nowhere to go he considers disembodiment

different methods and designs. Chooses to swing that wrought-iron cross

into the cliff where red stone and the white share boundaries. That sound so loud

pulls his blood from the chambers of his heart. That sound — where hymns and the music of flesh

silence each other splits his cells. Quiet he hears lives brush against branches.

The connection's unclear and those in the know hear a message from god. His pain looks like a grin

rusty and chapped. Right palm flat on the geology he scans for electricity. The crucifix

pulls his arms to the ground. No idea better than this. Some crackling hum completes the circuit.

"I'm just saying," he screams, and throws the crucifix so high its light melts into the full moon bright as morning.

She Speaks Amrita Valan

Sleek brass figurine Deity of knowledge Saraswati pristine Goddess upon swan Plays the Veena On my writing desk. Blessing my thoughts Manifold expressions Curlicues of insane Longings, passions Flash frozen despair, Trinkets aside. Bling blindsided, My compass is her Constancy. Veracity Shuns false tidings Truth keeps the Heart floating Atop past baggage. So, upon this premise I unsheathe my quill I write my reveal I write what I feel So, help me Goddess Sitting yonder, so Surreal and still.

Garage Sale Rooster Cheryl Heineman

Because of rust, what you overlooked, you paused for its bent rebar feet, marred beak, and yellow head topped by a crimson comb, for its wattles dangling over an Iowa green body, paint fading. Because your once bright, not leathered, arms carried grain with innocent hands, you fed them, the chickens, your simple mission for the day. Then you saw one dragged. Then. It was cruel, the head chopped bloody, feathered-black the body flopped on, without a head, sight spurting from its veins, the noonday sky red-fired with sharp streaks, slack, sudden. In the kitchen, a waiting pot boiled on an old stove. It had its own distress, that old pot. Into the heat, the salt the onions, the butter, the body, finally quiet, fell for supper, for you on the farm who ate, because, because you could not resist.

Centipede. Lorelei Bacht

Centipede. Murderous Mess of body fragments. I have children - I have To do it: inflict preventive death With a blunt instrument.

Necklace of clawed segments. At the distance of a handle, Long and short enough to ensure The safe delivery of intentions. Me on one end, inventing myself

Resolute. It on the other end, Speaking of a phenomenon Unknown to us both, until Only one of us receives The last knowing.

I watch it writhes its final Happening. Disorderly ripples, Indicative of nervous Ganglia. The flesh all white, Lucent viscosities. Fallen giant, jaws of poison Now pathetic - I feel Sorry for it. Bound by The immediacy of its demise, It has stopped perceiving me.

One last thrust, an attempt At a short and humane Delivery of death. It comes Undone. Something of it Goes somewhere else.

What remains is nothing. Everything to the ants, the mold That begins to advance. Everything says: Your turn now, our turn later.

Flowerbed Sam Houty

If someone calls you a flower **crush yourself into potpourri** hold their hand and explain **until fragrance emanates from your pores** that you're not a woman **masked by the wind** In time that might change **overcome by this essence** she sleeps inside of you **dreaming of flowerbeds** Counts falling petals **their concentric folds** buds that never wilt **that curl until Spring**

Glory Be Emelia (Mia) Maceasik

I am an unplanted garden fertilized with unread emails and ignored phone calls

doubt is a vine in my lungs and those leaves look beautiful in between my lips

I'm choking with a grin I don't know any other way of living

I tell myself I like the dirt Because I just can't imagine growing something healthy

in a plot made out of clay.

The Tiniest Rose Bobbi Sinha-Morey

I felt like the tiniest rose in the garden, born to blush but never to be seen, so many long necked ones far above me bathing their petals in the warm morning light, selfishly hiding the sun away from me. I drink in the brief April rain like the blades of grass do, but it doesn't sate me, never pierces me with a joy for living. My hope already begins to curl in on me, my dark red petals forever untouched by human hand, my life unblessed by an unseeing god, my spirit beginning to die on its stem.

Empty Olena Prusenkova

You accuse me of having empty days, But what is emptiness if not Noise? Of the people that don't know your birthday or your colour, Of the cars that buzz as they pass with indifference, Of the past that crawls in without permission, Of the longing that has turned into a devil's habit? Emptiness is people And people running away from it. But if we are running inside the hamster's wheel, Is there really an exit? Emptiness is you, and me, and him, And her with her on a Sunday morning: Touching someone's hand when departing For the last train to never. Making love and imagining others in your mind, Never saying anything When your soul has a story boiling within. If you think that busyness cures emptiness Then you're yet to look inside, To confront, and see, and love the monster Who is You, who is Beauty, who is Fault -For the most cherishing thing about humanity is its mistakes.

As Late as Never Bennie Rosa

Look beyond stars There, You see, That far corner Of a night. As far from home As wrong From right.

Will silhouettes fly On wings of dreams Or melt away In Fires Of Light?

Listen, listen closely then, Listen as they breathe Their final hymn They wait.

Dreams take time, Time takes forever, Sometimes late, Sometimes, As late As never.

When the Wind Blows Backwards Gurupreet K. Khalsa

Yes, a dark time passed over this land, but now there is something like light. —Dave Eggers, Zeitoun

Zephyrs they are not, howling horizontal harridans; yowling, exhausting explosions erupting, xystus unroofed by disastrous destroying demolition; whirlwinds of passion and power produce violence in the sky, ranting, raving, roaring, until our nerves are shocked, shattered, splintered; twisting, thumping, terrible tempests scream and bluster; bombastic battles rumble, grumble, and tumble across quailing coasts that bellow and boom; protection, none, from keening cacophony, ominous squalling shrieks, snarling strikes; no shelter from the clomping, stomping, moaning winds that bash, lash, smash like raging furies: fulminating, fractious, kicking trees on their faces, spitting; jolting, juddering, jangling invective from awful angry angels harangues the earth and finds no berth: gales that whack and whoosh and wail fulminate through crying, crushing clouds; encircling gusts twine and twist, defeating fragile faltering flowers; crushing, thundering shouts, yells, and yelps, baying, barking hounds that howl and growl. As it calms: sun; silent, still, serene, soothed.

Ravin' Baltimore James Penha

Urged by po' grave Edgar lying cornered at Westminster Churchyard, he picked Jody's hottest sauce for his biscuited Baltimore crab cake a buck eighty-five at Lexington Market. Succulent flakes blushed by cumin and chiles brought him round to The 400 Block. Stepped right in urged cornered picked bal-ti-more crab cake buck market succulent blushed hot cumin brought him round

Responsive Reading Jeff Burt

We are the cheap leather of shoes and walk like fugitives who forage all day for their food.

> We are steers in the prairie eating dry words as we wander waiting for the shock at the end of the chute.

We are the cotton in shirts that makes us love the touch of hands

that pull and rub our skin.

We are tufts in the field tinged with the blood of slaves singing to Jesus, soul, funk, spiritual jazz.

We are the metal in the ring that signifies how we can be hard, cold, and hurt the one it signified to love.

> We are glints of gold, not nuggets or lodes, if strikes, like an errant swing.

We are the tint in our hair, the dye in our beards that tricks the mirror-mirror on the wall.

We are camouflage, misdirection, we are smoke without fire, hide beauty by stain.

We are suits, ensembles, decoration, pseudo-form and fit, the clothes that make the person.

We are Levi's, Prada, we lurch from the gates of Lauren, we are Aboud, Gucci, we are Swoosh.

Inside Holly Day

You should have stayed out of me, I think as I dig into my skin with the burnt end of a safety pin expose the hiding place of the tiny insect that's burrowed into my flesh expose it and its invisible brood to sunlight and air. You should have picked another spot, I amend

wondering how long it would have taken me to discover the little creature hiding beneath my flesh if it had decided to settle into a spot in my ass crack in the middle of my back, somewhere in my foot. It probably would have taken weeks before I realized that the itchy patch in the spot I couldn't reach

was a spreading colony of mites the descendants of an unwelcome passenger picked up during a weekend by the lake.

driving south on interstate 15

Corey J. Boren

in las vegas, i think, but maybe provo, she is telling her children to pile into the car above the screams, above the shattered kitschy plates and overturned rocking chair, slipping behind the steering wheel,

barely pulling into reverse before his hand bursts through the driver's side, fingers dug in her 70s bob, their screams too feral, too inhuman, pale arms raking plaid sleeves, pushing the gas pedal, backing out the garage in a vicious dance between slacks and tires and fistfuls of brunette,

and my mother is staring from the passenger seat, her hair hovering like corn silk in the static, rolling up the window on her side, and then rubber meets asphalt, and suddenly, he is gone,

and i'm going twenty over the speed limit, desperate to catch up to her station wagon.

i'm on my way, i'm thinking. i'm on my way. i promise.

The Fourteenth

Margaret Koger

What ifthis nation under gunscan't breathe?Have you called your mother yet?One, two, buckle your shoe...

What if an EMT liton fire isn't enough?What if a soldier dies in Afghanistanjust because?Three, four, shut the door...

Shall I record everyone near me in the park? Can you see the trees breathe out oxygen? *Five, six, pick up sticks...*

If a tree falls on the greenbelt do leaves suffocate? If a mask is too much trouble... cough, cough? *Seven, eight, lay them straight...*

When would you cryfor a chocolate-moon pie?What ifboogaloosget on (with) your life?Nine, ten, a big fat hen...

Why is my nephewflyingThe Stars and Bars?Since grandmother saidnevertrust an Irishman...Eleven, twelve, dig and delve...

Do you imagine our seedlings will survive? *thirteen, fourteen, draw the curtain...*

HANGOVER, GREENWICH VILLAGE, 1992 Gary Sokolow

What have the poets taught? A dead-man's float in a Minneapolis river?

Dry land dry?

I've been here far too long, the police sirens bleeding Through the walls, the morning procession

Of funeral headlights, fail to move me: maybe you can Pin it down for me, deconstruct the hegemony

Of my heart, how it all falls out of balance, a line Failing to follow a

Line, the divining rod of my future lost.

I've lived on dry toast, I've drank the blackest of coffees, I've felt the broken cobblestones along Lafayette,

Remembered the furniture sanders missing from Great Jones, Remembered the Yippie Press, a boarded up Bleecker Street memory.

In my childhood it was a mother on our block who committed suicide With a cracked open head, a classmate with jet black hair too scared

To leave her home. In our house, it was the orange flower wallpaper hanging In our kitchen that drove us mad, the endless rage of summer fan,

The broken-hearted landlady below us who sat in her nightgown at the window, 'Jakela, Jakela', she cried out after her dead husband

As all day long the window coughed opened and shut.

Contributor Bios

Jan Ball's three chapbooks and first full length poetry book, *I Wanted To Dance With My Father*, were published by Finishing Line Press. Besides the books, Jan has had 336 poems published or accepted in the U.S. and internationally, in journals like: *ABZ*, *Atlanta Review, Chiron, Main Street Rag*, and *Phoebe*. Her poem, "Not Sharing at Yoshu" was nominated for the Pushcart by Orbis, Great Britain, 2020.

John Grey is an Australian poet, US resident, recently published in *Sound-ings East, Dalhousie Review* and *Connecticut River Review*. Latest book, "Leaves On Pages" is available through Amazon.

Ellen Huang (she/her) holds a BA in Writing + Theatre minor from Point Loma Nazarene University. She has pieces published in Bleached Butterfly, Polemical Zine, The Wild Word, Moonchild Magazine, Apparition Lit and Perinvinkle Lit, among others. She also reads for Whale Road Review and runs a fantasy-inspired blog: worrydollsandfloatinglights.wordpress.com.

Michael Igoe, Chicago Now Boston, city boy, neurodiverse, numerous works in journals online and in print. recent: anserjournal.org, theblenib. com, musicalprimates.com; *Avalanches In Poetry Anthology* available at amazon.com, National Library Of Poetry Editors Choice Award 1997. Twitter: MichaelIgoe5. Urban realism/Surrealism-I like the night.

Karen Mandell. I've taught writing at the high school and college levels and literature at community senior centers. My short story Goddess of Mercy is forthcoming from Notre Dame Review. I've written Clicking, interconnected short stories, and Rose Has a New Walker, a book of poetry.

All things are connected. That's the premise of what **William J. Joel** does. Each of Mr. Joel's interests informs each other. Mr. Joel has been teaching computer science since 1983 and has been a writer even longer. His works have recently appeared in Common Ground Review, DASH Literary Journal, The Blend International, Liminality, and North Dakota Quarterly.

c. a. mackenzie (she/her/hers) is an MSW student for interpersonal practice and has a BA in English, Creative Writing, and Psychology from The University of Michigan-Ann Arbor. c. a. mackenzie is a graduate intern in outpatient child/adolescent psychiatry with interests in trauma-related conditions and intergenerational trauma.

Ivanka Fear is a former teacher now pursuing her passion for writing. Her poems and short stories appear in *Spadina Literary Review, Montreal Writes, Adelaide Literary, October Hill, Scarlet Leaf Review, The Sirens Call, The Literary Hatchet, Wellington Street Review, Aphelion, Muddy River Poetry Review, and elsewhere. https://ivankafear.wix.com/mysite*

Joan McNerney's poetry is found in many literary magazines such as Seven Circle Press, Dinner with the Muse, Poet Warriors, Blueline, and Halcyon Days. Four Bright Hills Press Anthologies, several Poppy Road Journals, and numerous Poets' Espresso Reviews have accepted her work. She has four Best of the Net nominations. Her latest title is The Muse in Miniature available on Amazon.com and Cyberwit.net

Natalli Amato is the author of the poetry collection "On a Windless Night." She currently works for Rolling Stone and lives in Sackets Harbor, New York.

Chris Jones has felt poems emerge from within since he was a teenager but didn't start writing in earnest until he turned 60. Chris's journey to become a leadership coach has heightened his self-awareness and many of his poems describe that experience and self-reflection.

Paul Tanner. I've been earning minimum wage, and writing about it, for too long. Was shortlisted for the Erbacce 2020 Poetry Prize. "Shop Talk: Poems for Shop Workers" was published last year by Penniless Press. "No Refunds: Poems and cartoons from your local supermarket" is out now, from Alien Buddha Press.

Catherine A. MacKenzie's works include short story compilations, poetry collections, and children's picture books. Her third novel, My Brother, the Wolf, will complete Wolves Don't Knock and Mister Wolfe. My Heart Is Broken memorializes her son in poetry. She lives in West Porters Lake, Nova Scotia, Canada.

Charlene Moskal volunteers with The Alzheimers Poetry Project. She is recently published in *Humana Obscura, Connecticut River Review, Sandstone* & Silver; an Anthology of Nevada Poets. Her second chapbook is "One Bare Foot" (Zeitgeist Press). Charlene is in her seventh decade, laughs often, loves coffee ice cream hot fudge sundaes.

Valerie Frost is a Garden State native. She lives in Central Kentucky with her twin three-year-olds. Her poems have appeared in the *Eastern Iowa Review, Anti-Heroin Chic, Thimble Literary Magazine,* and elsewhere. @TheMillBradshaw

Kendra Nuttall is a copywriter by day and poet by night. Her work has appeared in *Spectrum, Capsule Stories, Chiron Review,* and *What Rough Beast,* among other journals and anthologies. She is the author of A Statistical Study of Randomness (Finishing Line Press). She lives in Utah. Find her online at kendranuttall.com and on Instagram @kendra.nuttall.

Hiba Rasheed is a UAE-based Sudanese slam poet, and three-time winner of the Rooftop Rhythms Slam Poetry Competition in Abu Dhabi. Hiba has performed at a plethora of events and has had her poems published in several online and print magazines; in addition to being featured in several track singles with local producers and rappers. Hiba has released two poetry videos and is currently working on her third project.

Ellen Sander, a rock and roll heart, lives in Belfast, Maine. Her chapbook, "Hawthorne, a House in Bolinas," is published by Finishing Line Press. Her next chapbook, "Aquifer," will be published by Red Bird Chapbooks. More importantly, the cat is sprawled out over everything important on the desk --snoring-- that's how the day is going.

Jeremy Wm. Farrington always wanted to be socially distant but never had the opportunity. He is the father of twins and is a distance runner. You can read about his other heartbreaks in *River River*. Yash Seyedbagheri is a graduate of Colorado State University's MFA program in fiction. His stories, "Soon," "How To Be A Good Episcopalian," and "Tales From A Communion Line" were nominated for Pushcarts. Yash's work has been published in *The Journal of Compressed Creative Arts, Write City Magazine*, and *Ariel Chart*, among others.

S. J. Perry's poems have recently appeared in *Writing from Inlandia, Cholla Needles,* and *MUSE.* He studied at Emporia State University and the University of Kansas. A retired high school English teacher, he has lived in Southern California since 1985.

Clay Waters has had poems published in *The Santa Clara Reviem*, *River Oak Reviem*, *Literal Latte*, and *Poet Lore*. His website is claywaters.org, featuring his self-published cozy mystery *Death in the Eye*. Clay lived in Florida until the age of four and returned to find it hasn't changed a bit.

Marjorie Power. My most recent full length poetry collection, *SUF-FICIENT EMPTINESS*, is forthcoming from Deerbrook Editions. A chapbook, "REFUSES TO SUFFOCATE," appeared in 2019 from Blue Lyra Press. Publications which have taken my work recently include *MUD-FISH*, *COMMONWEAL*, and *SOUTHERN POETRY REVIEW*. I can be found at www.marjoriepowerpoet.com.

Kami Westhoff is the author of the story collection *The Criteria* (Unsolicited Press, 2022), and chapbooks "Cloudbound" (Dancing Girl Press, 2021), "Sleepwalker" (Minerva Rising, 2017), and "Your Body a Bullet" (Unsolicited Press, 2018), co-written with Elizabeth Vignali. She teaches creative writing at Western Washington University in Bellingham, WA. Rp Verlaine lives and writes in New York City. He has an MFA in creative writing from City College. His first volume of poetry *Damaged by Dames* & *Drinking* was published in 2017 and another, *Femme Fatales Movie Starlets* & Rockers, in 2018. A set of three e books titled, *Lies From The Autobiography 1-3* followed.

Ellen Roberts Young's third chapbook with Finishing Line Press, "Transported," is due out in early 2021. She has a full-length collection, *Made and Remade* (Wordtech, 2014) as well as poems in numerous print

and online journals. She is an editor of Sin Fronteras/Writers Without Borders Journal, and blogs at www.freethoughtandmetaphor.com.

Sita Gaia is a TEDX Alumnae and has been writing poetry since grade three. During the pandemic, she has honed in on new skills and made new connections in the poetry world. She was first introduced to W.H. Auden by her older brother, and her collection of poetry books continues to grow. She also loves owls, drinks way too much coffee, and lives in Vancouver with her wife and their plants. Her instagram handle is joeyjo422.

Bennie Rosa lives in the high desert of Central New Mexico where he writes short stories, flash fiction, novels, and drama. His writing will appear in an upcoming Grey Borders Anthology entitled "Daddy: A Cultural Anthology" and was recently published in *Dream Pop Journal, New World Writing, The Writers Club, Barrio Beat* and others.

KB Baltz was born in a Cosmic Hamlet by the Sea, a month early and sideways. She has been doing things backward ever since. When she isn't writing, KB can be found screaming into the void while starting a master's degree in GIS. You can find some of her other work at *Atlas and Alice, Pure Slush*, and *Rouge Agent*.

Frank Carellini tends to poetry as a mechanism to grasp the fleeting enormity of life, nature, consciousness. raised in Brooklyn, NY, Frank has recently published poetry in communion and tiger moth. Educated in business and biochemistry, he builds life science startups that make the world a bit better.

William Doreski lives in Peterborough, New Hampshire. He has taught at several colleges and universities and retired after three decades at Keene State College. His most recent book of poetry is *Stirring the Soup* (2020). He has published three critical studies, including Robert Lowell's Shifting Colors. His essays, poetry, fiction, and reviews have appeared in many journals.

Meghan Sterling's work has been published in Rattle, Glass, Sky Island Journal, Red Paint Hill, and many others. She has been awarded a Hewnoaks Artist Colony Residency in 2019 and 2021. Her first full-length collection, *These Few Seeds*, is forthcoming from Terrapin Books in 2021. Read her work at meghansterling.com.

Kelli Lage lives in the Midwest countryside with her husband, and dog, Cedar. Lage is currently earning her degree in Secondary English Education. Lage states she is here to give readers words that resonate. Awards: Special Award for First-time Entrant, Lyrical Iowa.

A native New Yorker, **James Penha** has lived for the past quarter-century in Indonesia. Nominated for Pushcart Prizes in fiction and poetry, his work has lately appeared in several anthologies: *The Impossible Beast: Queer Erotic Poems* (Damaged Goods Press), *The View From Olympia* (Half Moon Books, UK), *Queers Who Don't Quit* (Queer Pack, EU), and others. His essays have appeared in *The New York Daily News* and *The New York Times*. Penha edits *The New Verse News*, an online journal of current-events poetry. Twitter: @JamesPenha

Diana Raab, PhD, is an award-winning memoirist, poet, blogger, speaker, and author of 10 books and is a contributor to numerous journals and anthologies. Her two latest books are *Writing for Bliss: A Seven-Step Plan for Telling Your Story and Transforming Your Life* and *Writing for Bliss: A Companion Journal.*

Bruce Gunther is a retired journalist and freelance writer who lives in Michigan. He's a graduate of Central Michigan University.

Michael Moreth is a recovering Chicagoan living in the rural, micropolitan City of Sterling, the Paris of Northwest Illinois.

Jason Melvin is a father, husband, grandfather, high school soccer coach, and metals processing center supervisor, who lives just outside of Pittsburgh. His work has appeared in Rat's Ass Review, Kitchen Sink Magazine, The Electric Rail, The Front Porch Review, and Shambles, among others.

Amrita Valan is a writer from India, mother of two boys. She has worked in a variety of professions, from BPOs, five star hotels to being the content creator of questions in deductive logic and reasoning in English. Her work has been published in several anthologies and online zines. William Pruitt. I am a poet, fiction writer and storyteller, and an Assistant Editor with Narrative Magazine. I have published poems in such places as *Ploughshares, Anderbo.com, Otis Nebula , the Tipton Poetry Journal,* and *Cottonwood*; two chapbooks with White Pine (Ravine Street) and FootHills (Bold Cities and Golden Plains); and the self-published *Walking Home from the Eastman House.* My short stories have appeared in *Crack of the Spine Literary Magazine, Midmay, Indiana Voice Journal, Hypertext,* et.al.

Regina Beach is an American living in Bristol, UK. She writes about art, culture, travel, wellness and the people and places in those spheres. She is most at home pedaling her bicycle or on her yoga mat. Read more of Regina's writing and listen to her podcast at reginagbeach.com.

Glenn Ingersoll works for the public library in Berkeley, California. A multi-volume prose work, *Thousand* (Mel C Thompson Publishing) is now available from bookshop.org and as an e-book from Smashwords. He keeps two blogs, LoveSettlement and Dare I Read. Recent work has appeared in *Spillway, Door Is a Jar,* and *CutBank*.

Ivan Peledov is a poet living in Colorado. He has been published in Unlikely Stories, Eunoia Review, Sonic Boom, Illuminations, and other magazines.

Rachel Landrum Crumble has recently published in Bindweed, Common Ground Review, Spoon River Review, and Detour Ahead. She is awaiting a contract on her first poetry manuscript Sister Sorrow. Having taught kindergarten through college, she currently teaches high school. She and her jazz drummer husband of nearly 40 years are Yankee transplants living Chattanooga, TN. Look her up at poetteachermom.com.

Corey J. Boren is a junior at Utah Valley University who enjoys decoding song lyrics and spending too much on Panda Express orange chicken. He has been published in *Blue Marble Review, Riggwelter,* and *30 North Review,* among other publications. To see more of his work, visit @corey.j.boren on Instagram.

Olena Prusenkova is a Ukrainian-Australian writer based in Sydney. She likes to write fiction, personal essays and poetry, and her work has been pub-

lished in several Medium publications, such as *The Ascent, Be Yourself*, and *Writ-ten Tales*. She loves travelling, reading and learning about different cultures.

Patricia Pinto deals with words. A lot. She's a copywriter by day and reads, writes and does voice overs at all other times. The best temperature is a balmy 28 - 32 degrees Celsius, thanks. You can find her over at https://patriciapinto.asia

Bobbi Sinha-Morey's poetry has appeared in a wide variety of places. Her books of poetry are available at Amazon and her work has been nominated for the Best of the Net Anthology in 2015, 2018, and 2020 as well as having been nominated for the Pushcart Prize in 2020. Her website is http://bobbisinhamorey.wordpress.com.

Sandra Vallie's work has appeared in *Adobe Walls, Airplane Reading, The Más Tequila Review, The Malpais Review,* and plumeforwriters.org. Sandra is originally from Michigan, where she earned a BA at Eastern Michigan University. She currently lives in Albuquerque, New Mexico where she writes and learns how to garden without water.

Antoni Ooto is an internationally published poet and flash fiction writer. Well-known for his abstract expressionist art, Antoni now adds his voice to poetry. Reading and studying the works of many poets has opened another means of self-expression. His recent poems have been published in *Amethyst Review, The BeZine, Green Ink Poetry, The Poet Magazine, Brown Bag Online, The Wild Word,* and many journals and anthologies. He lives and works in Upstate New York with his wife poet/storyteller, Judy DeCroce.

Gurupreet K. Khalsa is a current resident of Mobile, Alabama, having lived previously in Ohio, Washington State, India, New Mexico, and California. She received her Ph.D. in Instructional Design from the University of South Alabama. She is a part time online instructor in graduate education programs.

Retired children's librarian **Alan Bern** is a photographer with awards for his poems and stories and is also a performer with dancer/composer Lucinda Weaver as PACES: dance & poetry fit to the space and with musicians from composingtogether.org. Lines & Faces, his press with artist/ printer Robert Woods: linesandfaces.com

Carolyn Adams' poetry and art have appeared in *Steam Ticket, Cimarron Review, Topology, Apercus Quarterly,* and *Blueline Magazine,* among others. She is the author of four chapbooks and has been nominated for a Pushcart prize, as well as for Best of the Net.

Leslee Jepson began writing in her seventies. She reports galloping toward eighty, pen still in hand. Leslee has had work accepted by the WI Fellowship of Poets for calendar years 2017-2019. She lives in SE WI with two dogs and one husband.

Margaret Koger, a Lascaux Prize finalist, is a school media specialist with a writing habit. She lives near the river in Boise, Idaho. See more of her poetry online at *Amsterdam Quarterly, Thimble, Trouvaille Revien, Tiny Seed Literary Journal, Ponder Savant, Subjectiv,* and *Last Leaves.*

Jeff Burt works in mental health in Santa Cruz County, California. He has contributed to *Williwaw Journal, Heartwood, Rabid Oak,* and *Red Wolf Journal.* He won the 2017 Cold Mountain Review Narrative Poetry Prize.

R.T. Castleberry is a widely published poet and critic. His work has appeared in *Roanoke Review, Sylvia, Blue Collar Review,* and *Last Leaves,* among others. Internationally, Castleberry's work has been published in Canada, Wales, Ireland, Scotland, New Zealand, and Antarctica. Mr. Castleberry's work has been featured in the anthologies *Travois-An Anthology of Texas Poetry, The Weight of Addition, Anthem: A Tribute to Leonard Cohen* and *You Can Hear the Ocean.*

Ann E. Michael lives in Pennsylvania's Lehigh Valley, slightly west of where the Lehigh River meets the Delaware. Her most recent collection of poems is *Barefoot Girls*. Her next book, *The Red Queen Hypothesis*, will be published sometime in 2021. More info at www.annemichael.wordpress. com or facebook.com/ann.michael.35

Lorelei Bacht is a European poet living in Asia with her family, which includes two young children and a lot of chaos. Her current work is pri-

marily concerned with motherhood, marriage, and aging as a woman. This year, her work has appeared, or is due to appear, in such publications as *OpenDoor Poetry Magazine, Litebouse, Global Poemic, Visual Verse, Visitant,* and *Quail Bell.* She can be found on instagram: @the.cheated.wife.writes and @lorelei.bacht.writer

Nupur Maskara lives in Pune, India. Nupur received the Orange Flower Poetry Award in 2020. She has authored two poetry books, *Insta Gita: With Arjuna's Perspective in Poetry* and *Insta Women: Dramatic Monologues by Drama Queens.* Nupur blogs at nutatut.com. Tweet to her @nuttynupur and email her at nupur.maskara@gmail.com.

Maggie Walcott lives with her family in the Michigan wilderness, tucked away in a house they built themselves. Her first nonfiction piece, "An Open Vessel," was published by Mothers Always Write in 2019. Her poems "I Carry" and "Hammer and Nail" were featured in the *Dunes Review* 2020 Winter Edition.

Ethicist and online education entrepreneur **Russell Willis** emerged as a poet in 2019. Russell grew up in and around Texas, was vocationally scattered throughout the Southwest and Great Plains for many years, and is now settled in Vermont with his wife, Dawn.

Andrew Feng creates surreal, horror artwork and portraits through drawings, paintings, and digital art. He would describe himself as a metal head, fashion enthusiast, and a lover of black who spends his time blasting metal music while drinking boba tea. Andrew hopes to spread awareness about mental health through his horror-style art.

Amanda Jane (West Yorkshire, England) is a new poet who is enjoying creating poetry for others to pleasure. Later this month her work will be published on *Trouvaille Review*. She is also taking part in a community poem, which is being hosted by Baker Publishing. www.facebook.com/groups/moresuccessfulsubmissionsbyamandajane/

Lisa Ashley descends from Armenian Genocide survivors and has spent eight years listening to and supporting incarcerated youth. Poems can/will be found in *The Tishman Review, The Journal of Undiscovered Poets, Dwelling Literary,* and *Amsterdam Quarterly.* She writes in her log home among the firs on Bainbridge Island, WA, having found her way there from rural New York by way of Montana and Seattle, WA.

Isla McKetta is the author of *Polska, 1994* (Éditions Checkpointed) and co-author of *Clear Out the Static in Your Attic: A Writer's Guide for Turning Artifacts into Art* (Write Bloody). She writes in Seattle and serves on the board of Seattle City of Literature. Find her on Twitter at @islaisreading.

Robert Armstrong is a writer from the Hudson Valley in Upstate New York. A former bookseller, he's been published in a local magazine, *ART-LESS & NAKED* as well as in *MOCKING HEART REVIEW*, and he's currently working on poetry chapbooks, short stories and a fantasy novel.

Denise A. Martin is a Language Arts and Social Studies teacher in Loudoun County, VA. Her poetry and essays can be read on TEACHA-FAR blog, at *tiny seed journal online* and in the Spring 2019 edition of *DASH Literary Journal*.

Gary Sokolow has a long ago MFA from Brooklyn College and currently works in finance. His work has appeared in *JMWW*, 2 Bridges Review, Salamander, Eye Flash Journal, Posit, The Shot Glass Journal, Nixes Mate Review, and Third Wednesday

Robert Beveridge (he/him) makes noise (xterminal.bandcamp.com) and writes poetry in Akron, OH. Recent/upcoming appearances in *Fleas on the Dog, Dissections,* and *Instant Noodles,* among others.

Courtney Weaver is an English major in progress. She works with adults with disabilities and lives in Missouri with her dog, Eccleston, and cat, Bellatrix. She has bipolar disorder and is passionate about mental health awareness.

Kate Maxwell is yet another teacher with writing aspirations. She's been published and awarded in many Australian and International literary magazines. Kate's interests include film, wine, and sleeping. Her first poetry anthology will be published with Interactive Publications, Brisbane, in 2021. She can be found at https://kateswritingplace.com/publications/ Ellen Mary Hayes is a poet and visual artist embracing the transcendence of creativity. Her recent work reflects themes of sacred relationship. She has had work featured in *Easthampton City Arts, Meat for Tea*, and elsewhere. Ellen is based in Western Massachusetts. She can be found at ellenmaryhayes@gmail.com, EllenMaryHayes1 on instagram.

Steve Bowman teaches writing and literature at IU Southeast. His work has previously appeared in *The Review, The Legacy, Amarillo Bay,* and *The Zen Space.* He is Currently working to rebrand the lesser-known genre "Rust-Belt Literature" as Northern Gothic Literature.

Cheryl Heineman graduated in 2017 with a Master of Fine Arts in Creative Writing from San Diego State University. She also has a master's degree in Jungian Psychology and has published three collections of poetry: *Just Getting Started, something to hold onto,* and *It's Easy to Kiss a Stranger on a Moving Train.*

Gerard Sarnat won San Francisco Poetry's 2020 Contest, the Poetry in the Arts First Place Award plus the Dorfman Prize, and has been nominated for handfuls of 2021 and previous Pushcarts plus Best of the Net Awards. Gerry is widely published including in *Buddhist Poetry Revien, Gargoyle,* and *Main Street Rag,* as well as by Harvard and Columbia presses. He's authored the collections *Homeless Chronicles* (2010), *Disputes* (2012), *17s* (2014), *Melting the Ice King* (2016). Gerry is a physician who's built and staffed clinics for the marginalized as well as a Stanford professor and healthcare CEO. Currently he is devoting energy/resources to deal with climate justice, and serves on Climate Action Now's board. Gerry's been married since 1969 with three kids plus six grandsons, and is looking forward to future granddaughters.

Sam Houty. I'm a poet with a MFA in creative writing from Kingston University, London. I have completed three poetry chapbooks. My poetry has been featured in *Synkroniciti magazine, Big A little a anthology* and *The Start literary journal*. I was the winner of The Writers Hub poetry competition.

Robert Pegel is a father and husband whose only child, his son Calvin, died four years ago. Calvin was 16 and died in his sleep of unknown causes. Robert writes poetry to process his pain and loss. He hopes he may show others suffering from loss how putting things into words may help in coping with the unimaginable. Robert graduated from Columbia University where he majored in English. He has only begun submitting his work recently and has been published in *Down in the Dirt* and *The Unique Poetry Journal*.

Christina A. Kemp is a writer, dancer, and psychology professor. Her recent work "Adirondack Chairs" was published in the anthology *True Stories, Volume III: The Narrative Project* and her coming memoir *Currents,* is in its final revisions. She lives on Bainbridge Island, Washington.

Peter J. King (b. Boston, Lincolnshire) was active on the London poetry scene in the 1970s, returning to poetry in 2013. His work has been widely published in magazines and anthologies. His available collections are *Add-ing Colours to the Chameleon* (Wisdom's Bottom Press) and *All What Larkin* (Albion Beatnik Press).

Beulah Vega is a writer, poet, and theatrical artist living and working in California's Bay Area. Her poetry has been published in *The Literary Nest, Sage Cigarettes, Resist! With Every Inch and Breath,* and *Blood & Bourbon* among others. She specializes in work that gives voice to those traditionally marginalized in literary and performing arts. And occasionally she writes a book of love poems such as her forthcoming book by Fae Corps Publishing, A Saga for the Unrequited. She is still amazed when people refer to her as a writer, every time. To follow her lunacy (artistic and otherwise) find her on Facebook @BFVegaauthor and Instagram/Twitter @Byronwhoknew

